

Individual Best Times (All Time)

Heather Ford - (707833) - Cheam Marcuda SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.51	33.10	350	26/05/13	Vanessa Knight Memorial Sprint Open Meet 2013	Felpham	SE3277	3
50 Breaststroke	46.98	47.60	220	26/05/13	Vanessa Knight Memorial Sprint Open Meet 2013	Felpham	SE3277	3
50 Butterfly	38.74	39.20	249	25/01/14	Godalming 10% Discount Open Meet	Godalming	SE4286	3
50 Backstroke	38.63	39.10	279	26/05/13	Vanessa Knight Memorial Sprint Open Meet 2013	Felpham	SE3277	3
100 Individual Medley	1:27.17	1:27.20	272	26/05/13	Vanessa Knight Memorial Sprint Open Meet 2013	Felpham	SE3277	3