

Individual Best Times (All Time)

Anna Dougan - (707410) - Motherwell & Wishaw ASC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.83	34.40	311	23/08/15	Cumbernauld Autumn Graded Meet 2015	Cumbernauld	SCO1006	2
100 Freestyle	1:15.92	1:17.00	289	10/04/16	Stirling Open Meet	Stirling	SCO1107	2
200 Freestyle	2:42.70	2:44.80	311	23/08/15	Cumbernauld Autumn Graded Meet 2015	Cumbernauld	SCO1006	2
400 Freestyle	6:16.91	6:20.60	231	21/09/14	North Ayrshire Development Meet	Auchenharvie	SCO925	2
50 Breaststroke	44.70	45.40	255	23/08/15	Cumbernauld Autumn Graded Meet 2015	Cumbernauld	SCO1006	2
100 Breaststroke	1:38.10	1:39.40	256	07/05/16	LDD Graded Meet	Bathgate	SCO1121	2
50 Butterfly	41.75	42.20	199	23/08/15	Cumbernauld Autumn Graded Meet 2015	Cumbernauld	SCO1006	2
100 Butterfly	1:35.85	1:36.60	179	15/03/15	Cumbernauld Spring Graded Meet	Cumbernauld	SCO952	2
50 Backstroke	40.18	40.70	248	14/06/15	Open Age Group and Senior Meet 2015	Glasgow	SCO1002	2
100 Backstroke	1:31.76	1:32.60	214	16/03/14	Cumbernauld Spring Graded Meet 2014	Tryst	SCO821	2
200 Backstroke	3:01.84	3:03.70	279	30/05/15	Rascals Graded Meet 2015	Bellshill	SCO983	2
200 Individual Medley	3:05.71	3:07.80	282	15/03/15	Cumbernauld Spring Graded Meet	Cumbernauld	SCO952	2
100 Individual Medley	1:27.40	1:27.40	270	10/04/16	Stirling Open Meet	Stirling	SCO1107	2