

Individual Best Times (All Time)

Callum Warnock - (707384) - Bellshill Sharks ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.01	25.20	519	25/05/18	2018 Glasgow International Swim Meet	Glasgow	SCO1471	1
100 Freestyle	59.28	57.90	493	14/05/16	City of Sheffield Swim Squad No Frills Meet	Sheffield	NE160209	1
200 Freestyle	2:47.96	2:45.90	223	09/02/14	2014 SASA West District LC JAG Champs	East Kilbride	SCO808	1
400 Freestyle	4:52.89	4:48.10	424	06/02/16	SASA West District LC AG Round 1 Meet	East Kilbride	SCO1088	1
50 Breaststroke	30.59	29.60	610	30/03/17	Scottish National Age Group Championships	Aberdeen	SCO1270	1
100 Breaststroke	1:09.20	1:07.40	555	12/03/16	Edinburgh International Meet	Edinburgh	SCO1099	1
200 Breaststroke	2:36.80	2:33.40	512	29/03/17	Scottish National Age Group Championships	Aberdeen	SCO1270	1
50 Butterfly	36.20	35.70	232	29/03/14	City of Sheffield SS Premier Open Meet	Sheffield	NE4316	1
100 Butterfly	1:12.77	1:11.70	313	14/05/16	City of Sheffield Swim Squad No Frills Meet	Sheffield	NE160209	1
50 Backstroke	29.02	28.30	534	02/04/17	Scottish National Age Group Championships	Aberdeen	SCO1270	1
100 Backstroke	1:03.32	1:02.00	541	29/03/17	Scottish National Age Group Championships	Aberdeen	SCO1270	1
200 Backstroke	2:28.44	2:26.20	428	24/07/15	Scottish Summer Meet 2015	Edinburgh	SCO100	1
200 Individual Medley	2:25.82	2:23.10	477	14/05/16	City of Sheffield Swim Squad No Frills Meet	Sheffield	NE160209	1
400 Individual Medley	5:23.81	5:18.30	420	06/02/16	SASA West District LC AG Round 1 Meet	East Kilbride	SCO1088	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.83	26.60	475	21/05/17	Swim West Lothian IM Tough 2017	West Lothian	SCO1298	2
100 Freestyle	58.25	59.70	456	25/10/15	Carnegie Winter Open Meet	Dunfermline	SCO1031	2
200 Freestyle	2:10.57	2:13.20	440	23/04/16	SAST Open Age Group Meet	Ayr	SCO1114	2
400 Freestyle	4:35.30	4:40.30	458	23/04/16	SAST Open Age Group Meet	Ayr	SCO1114	2
800 Freestyle	9:47.44	9:57.20	430	05/09/15	North Ayrshire Distance Meet	Stevenston	SCO1010	2
1500 Freestyle	18:51.96	19:10.00	418	06/09/15	North Ayrshire Distance Meet	Stevenston	SCO1010	2
50 Breaststroke	30.38	31.40	553	23/09/17	Scottish National Team Champs 2017	Aberdeen	SCO1347	1
100 Breaststroke	1:08.65	1:10.50	522	11/02/17	Bellshill Sharks Open Meet 2017	Glasgow	SCO1241	2
200 Breaststroke	2:29.82	2:33.30	515	22/04/17	SAST Open Age Group Meet 2017	South Ayrshire	SCO1278	2
50 Butterfly	28.00	28.70	468	10/02/18	Bellshill Sharks Open Meet	Sir Matt Busby Pool	SCO1528	2
100 Butterfly	1:09.14	1:10.20	330	08/11/15	Ren 96 Open Meet	Linwood	SCO1049	2
50 Backstroke	27.78	28.50	504	23/09/17	Scottish National Team Champs 2017	Aberdeen	SCO1347	1
100 Backstroke	1:02.51	1:03.80	462	21/05/17	Swim West Lothian IM Tough 2017	West Lothian	SCO1298	2
200 Backstroke	2:22.76	2:25.10	405	01/11/15	SASA West District SAG Championships	Grangemouth	SCO1035	1
200 Individual Medley	2:22.43	2:25.20	456	24/10/15	Carnegie Winter Open Meet	Dunfermline	SCO1031	2
400 Individual Medley	5:19.22	5:24.70	397	06/09/15	North Ayrshire Distance Meet	Stevenston	SCO1010	2
100 Individual Medley	1:06.61	1:06.60	404	30/08/15	SASA West District SR Championships	Ayr	SCO1012	1