

Individual Best Times (All Time)

Adam William Edward Pearson - (707383) - Motherwell & Wishaw ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.02	26.20	463	17/01/15	SASA West District Grand Prix	Glasgow	SCO930	1
100 Freestyle	57.92	56.50	529	29/06/14	Scottish Gas National Age Groups 2014	Aberdeen	SCO867	1
200 Freestyle	2:11.44	2:08.80	467	02/03/14	SASA West District Open SAG Champs	East Kilbride	SCO814	1
400 Freestyle	4:42.74	4:37.70	471	19/05/13	Rotherham Metro Level 1 Open Meet	Sheffield	NE3049	1
50 Breaststroke	39.61	38.80	281	19/05/13	Rotherham Metro Level 1 Open Meet	Sheffield	NE3049	1
100 Breaststroke	1:26.62	1:25.20	283	18/05/13	Rotherham Metro Level 1 Open Meet	Sheffield	NE3049	1
50 Butterfly	28.97	28.30	454	05/06/15	East Kilbride Long Course Open Age Group Meet	East Kilbride	SCO991	2
100 Butterfly	1:06.14	1:05.00	417	26/06/14	Scottish Gas National Age Groups 2014	Aberdeen	SCO867	1
200 Butterfly	2:29.98	2:27.90	398	03/04/14	Scottish Gas National Open Championships	Glasgow	SCO825	1
50 Backstroke	33.79	33.20	338	18/05/13	Rotherham Metro Level 1 Open Meet	Sheffield	NE3049	1
100 Backstroke	1:17.00	1:15.90	300	19/05/13	Rotherham Metro Level 1 Open Meet	Sheffield	NE3049	1
200 Individual Medley	2:47.55	2:45.20	314	20/05/12	Rotherham Metro SC Long Course Open Meet	Sheffield	NE2027	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.91	26.70	471	14/06/15	Open Age Group and Senior Meet 2015	Glasgow	SCO1002	2
100 Freestyle	56.89	58.30	489	17/05/14	Swim West Lothian IM Tough Meet 2014	Bathgate	SCO842	2
200 Freestyle	2:04.36	2:07.10	510	15/06/14	Cumbernauld Summer Open 2014	Cumbernauld	SCO861	2
400 Freestyle	4:26.47	4:31.70	505	14/06/14	Cumbernauld Summer Open 2014	Cumbernauld	SCO861	2
50 Breaststroke	36.68	37.50	314	02/06/13	Rascals Graded Meet	Rutherglen	SCO737	2
100 Breaststroke	1:17.64	1:19.20	360	14/06/14	Cumbernauld Summer Open 2014	Cumbernauld	SCO861	2
200 Breaststroke	2:55.41	2:58.40	321	30/08/14	North Ayrshire Distance Meet	Auchenharvie	SCO871	2
50 Butterfly	28.38	29.00	450	13/06/15	Open Age Group and Senior Meet 2015	Glasgow	SCO1002	2
100 Butterfly	1:03.14	1:04.30	433	15/06/14	Cumbernauld Summer Open 2014	Cumbernauld	SCO861	2
200 Butterfly	2:24.32	2:26.50	405	31/08/14	North Ayrshire Distance Meet	Auchenharvie	SCO871	2
50 Backstroke	31.97	32.60	330	01/06/13	Rascals Graded Meet	Rutherglen	SCO737	2
100 Backstroke	1:13.72	1:14.80	281	03/11/12	2012 SASA West District SAG Champs	Grangemouth	SCO671	1
200 Backstroke	2:30.56	2:32.80	345	08/09/13	North Ayrshire Distance Meet	Auchenharvie	SCO752	2
200 Individual Medley	2:25.59	2:28.30	426	01/12/13	Cumbernauld Open Age Group Meet	Cumbernauld	SCO798	2
100 Individual Medley	1:06.64	1:06.60	404	13/12/13	Scottish National Short Course Open Meet	Edinburgh	SCO791	1