

Individual Best Times (All Time)

Alex Isidoro - (707134) - Beckenham SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.10	24.30	578	18/03/17	Rushmoor Royals L1 Spring National Qualifier Open	Aldershot	SE170371	1
100 Freestyle	54.48	52.90	636	11/03/17	Wycombe Long Course Premier Open Meet	Wycombe	SE170384	1
200 Freestyle	2:00.38	1:57.50	608	28/07/17	British Summer Championships	Sheffield	BSW002	1
50 Breaststroke	34.66	33.70	419	28/02/15	Surrey Age Group Championships	Crystal Palace	CC150303	1
100 Breaststroke	1:24.56	1:23.10	304	27/10/12	Rushmoor Royals SC 10th Autumn Open Meet	Aldershot	SE2588	1
50 Butterfly	26.42	25.70	598	14/05/17	Team Luton May Long Course Meet 2017	Luton	ER170349	1
100 Butterfly	58.47	57.20	604	28/01/17	Kent Swimming Championships	Crystal Palace	SE170172	1
200 Butterfly	2:14.49	2:12.10	552	19/03/17	Rushmoor Royals L1 Spring National Qualifier Open	Aldershot	SE170371	1
50 Backstroke	28.25	27.50	579	12/02/17	Kent Swimming Championships	London Aquatics	SE170174	1
100 Backstroke	1:03.21	1:01.90	543	04/02/17	Kent Swimming Championships	Crystal Palace	SE170173	1
200 Backstroke	2:18.54	2:16.10	527	04/02/17	Kent Swimming Championships	Crystal Palace	SE170173	1
200 Individual Medley	2:21.77	2:19.00	519	13/02/16	Kent Swimming Championships 2016	London	SE160331	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.17	25.00	580	20/11/16	Aquae Sulis Autumn Level 2 Meet	Bristol	SW162363	2
100 Freestyle	51.85	53.40	646	18/12/16	ASA Winter Meet 2016	Sheffield	ASA153	2
200 Freestyle	1:58.78	2:01.70	585	16/10/16	Rushmoor Royals Autumn Open Meet 2016	Aldershot	SE161499	2
400 Freestyle	4:31.40	4:36.50	478	02/11/15	Beckenham Club Championships	Beckenham	LR151573	4
1500 Freestyle	17:51.08	18:10.20	494	19/09/16	Beckenham Club Championships	Beckenham	LR161092	4
50 Breaststroke	34.41	35.30	381	10/10/16	Beckenham Club Championships	Beckenham	LR161093	4
100 Breaststroke	1:17.93	1:19.50	356	28/03/15	Croydon Borough SA Annual Champs & Age Group	South Croydon	LR150547	4
200 Breaststroke	2:56.78	2:59.70	314	03/10/12	Croydon Amphibians Club Championships	Croydon	LR2728	4
50 Butterfly	26.30	27.00	565	05/11/16	London Region Winter Championships	Stratford	LR162227	2
100 Butterfly	57.30	58.60	579	20/11/16	Aquae Sulis Autumn Level 2 Meet	Bristol	SW162363	2
200 Butterfly	2:07.81	2:10.30	584	06/11/16	London Region Winter Championships	Stratford	LR162227	2
50 Backstroke	26.65	27.40	571	19/11/16	Aquae Sulis Autumn Level 2 Meet	Bristol	SW162363	2
100 Backstroke	58.85	1:00.20	553	20/11/16	Aquae Sulis Autumn Level 2 Meet	Bristol	SW162363	2
200 Backstroke	2:13.97	2:16.40	490	24/09/16	Team Luton September Short Course Meet	Luton	ER160086	2
200 Individual Medley	2:17.83	2:20.70	503	17/10/15	Rushmoor Royals SC 12th Autumn Open Meet	Aldershot	SE151337	2
100 Individual Medley	1:01.09	1:01.10	524	15/10/16	Rushmoor Royals Autumn Open Meet 2016	Aldershot	SE161499	2