

Individual Best Times (All Time)

Matthew Bruce - (64473) - City of Coventry SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	23.05	22.10	746	09/08/15	ASA Summer Nationals 2015	Sheffield	ASA142	1
100 Freestyle	53.69	52.10	664	12/01/14	City of Derby Long Course L1 Meet	Sheffield	EM4033	1
200 Freestyle	2:09.02	2:06.30	494	12/05/12	City of Coventry May Open Meet	Coventry	WM2077	1
400 Freestyle	4:53.10	4:48.30	423	06/06/09	The Midlands Age Groups	Coventry	WMR916	1
50 Breaststroke	30.17	29.10	636	28/03/15	City of Sheffield Swim Squad Premier Meet	Sheffield	NE150211	1
100 Breaststroke	1:09.46	1:07.60	549	12/01/14	City of Derby Long Course L1 Meet	Sheffield	EM4033	1
200 Breaststroke	3:33.80	3:31.30	202	06/05/06	City of Coventry May Open	Coventry	WM6023	1
50 Butterfly	28.24	27.60	490	16/11/13	Team Luton Autumn LC Open Meet	Luton	ER3665	1
100 Butterfly	1:13.20	1:12.20	308	07/03/09	Warwickshire County Champ	Coventry	CC9013	2
50 Backstroke	32.56	31.90	378	18/12/10	Plymouth Leander Open	Millfield	SW0807	1
100 Backstroke	1:14.28	1:13.20	335	14/03/09	Warwickshire County Champ	Coventry	CC9014	2
200 Backstroke	2:34.80	2:32.60	377	07/03/09	Warwickshire County Champ	Coventry	CC9013	2
200 Individual Medley	2:32.71	2:30.10	416	21/03/09	Warwickshire County Champ	Coventry	CC9015	2
400 Individual Medley	6:00.86	5:56.00	303	16/06/07	East & West Midlands Age	Coventry	WMR710	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	22.48	23.40	721	17/12/15	ASA Winter Meet	Sheffield	ASA146	2
100 Freestyle	53.27	54.80	596	08/04/12	City of Birmingham Open Meet	Birmingham	WM2033	2
200 Freestyle	2:08.39	2:11.10	463	13/04/09	City of Birmingham Open	Birmingham	WM9061	2
400 Freestyle	4:37.34	4:42.40	448	11/04/09	City of Birmingham Open	Birmingham	WM9061	2
50 Breaststroke	30.19	31.20	564	07/12/13	BUCS Short Course 2013	Sheffield	BUC008	2
100 Breaststroke	1:09.83	1:11.60	496	06/12/14	Midland Short Course Championships	Rugby	WM14348	2
200 Breaststroke	3:21.22	3:23.80	212	02/12/06	Nuneaton & Bedworth Open	Nuneaton	WM6084	2
50 Butterfly	30.07	30.70	378	10/10/10	Coventry&District Champs	Nuneaton	WM0471	2
100 Butterfly	1:06.22	1:07.40	375	06/10/12	Coventry & District Championships	Nuneaton	WM2504	2
50 Backstroke	31.43	32.10	348	25/04/11	City of Birmingham 18th Easter Level 2 Mee	Birmingham	WM1138	2
100 Backstroke	1:11.13	1:12.30	313	24/01/09	Maxwell Swim Club Meet	Aylesbury	SE9111	2
200 Backstroke	2:35.09	2:37.20	315	04/10/08	Coventry & District Champ	Nuneaton	WM8361	2
200 Individual Medley	2:29.14	2:31.80	397	12/04/09	City of Birmingham Open	Birmingham	WM9061	2
400 Individual Medley	5:43.40	5:48.50	319	06/04/07	City of Birmingham Open	Birmingham	WM7012	1
100 Individual Medley	1:01.89	1:01.90	504	07/04/12	City of Birmingham Open Meet	Birmingham	WM2033	2