

Individual Best Times (All Time)

Calum Tait - (63543) - Edinburgh University

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|----------|-----------------|-----------|----------|--|------------|----------|-------|
| 50 Freestyle | 27.45 | 26.70 | 442 | 13/02/11 | Edinburgh International Age Groups | Glasgow | SCO488 | 1 |
| 100 Freestyle | 58.80 | 57.40 | 506 | 13/02/11 | Edinburgh International Age Groups | Glasgow | SCO488 | 1 |
| 200 Freestyle | 2:10.99 | 2:08.30 | 472 | 01/05/10 | City of Glasgow Age Group Meet | Glasgow | SCO432 | 2 |
| 400 Freestyle | 4:40.38 | 4:35.30 | 483 | 20/06/09 | West District Group 4 | Tollcross | SCO366 | 1 |
| 1500 Freestyle | 18:10.08 | 17:51.00 | 510 | 11/04/09 | Scottish National Age Grp | Edinburgh | SCO355 | 1 |
| 50 Breaststroke | 29.31 | 28.20 | 694 | 21/01/17 | City of Sunderland SC New Year Meet 2017 | Sunderland | NE170490 | 1 |
| 100 Breaststroke | 1:01.35 | 59.30 | 796 | 17/04/15 | British Championships 2015 | London | ASA139 | 1 |
| 200 Breaststroke | 2:10.21 | 2:06.10 | 894 | 24/07/14 | Commonwealth Games 2014 | Glasgow | INT302 | 1 |
| 100 Butterfly | 1:01.32 | 1:00.10 | 524 | 03/06/12 | SASA East District Open Championships | Edinburgh | SCO627 | 1 |
| 200 Butterfly | 2:24.13 | 2:21.90 | 448 | 13/02/10 | Edinburgh International | Glasgow | SCO406 | 1 |
| 100 Backstroke | 1:10.18 | 1:09.00 | 397 | 13/02/11 | Edinburgh International Age Groups | Glasgow | SCO488 | 1 |
| 200 Backstroke | 2:30.05 | 2:27.80 | 414 | 13/02/11 | Edinburgh International Age Groups | Glasgow | SCO488 | 1 |
| 200 Individual Medley | 2:10.92 | 2:07.90 | 660 | 18/07/12 | BG ASA National Youth Championships 2012 | Sheffield | ASA119 | 1 |
| 400 Individual Medley | 4:36.95 | 4:30.60 | 671 | 21/01/17 | City of Sunderland SC New Year Meet 2017 | Sunderland | NE170490 | 1 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|----------|-----------------|-----------|----------|--|-------------|---------|-------|
| 50 Freestyle | 25.25 | 26.10 | 508 | 26/10/14 | Carnegie Winter Meet | Glenrothes | SCO908 | 2 |
| 100 Freestyle | 55.09 | 56.60 | 539 | 26/10/14 | Carnegie Winter Meet | Glenrothes | SCO908 | 2 |
| 200 Freestyle | 1:59.51 | 2:02.40 | 574 | 26/10/14 | Carnegie Winter Meet | Glenrothes | SCO908 | 2 |
| 400 Freestyle | 4:38.14 | 4:43.10 | 444 | 21/02/09 | SASA West District Grp 1 | Johnstone | SCO340 | 1 |
| 1500 Freestyle | 17:51.81 | 18:10.90 | 493 | 22/02/09 | SASA West District Grp 1 | Johnstone | SCO340 | 1 |
| 50 Breaststroke | 28.22 | 29.30 | 691 | 09/12/16 | Scottish National Short Course Championships | Edinburgh | SCO1210 | 1 |
| 100 Breaststroke | 1:00.23 | 1:02.30 | 773 | 17/12/15 | ASA Winter Meet | Sheffield | ASA146 | 2 |
| 200 Breaststroke | 2:05.42 | 2:09.50 | 879 | 20/12/15 | ASA Winter Meet | Sheffield | ASA146 | 2 |
| 50 Butterfly | 27.37 | 28.10 | 501 | 15/12/11 | Scottish Gas National Short Course Open | Inverness | SCO574 | 1 |
| 100 Butterfly | 1:00.30 | 1:01.50 | 497 | 13/11/11 | Aberdeen Mitchell Trophy 2011 | Inverness | SCO561 | 2 |
| 200 Butterfly | 2:13.51 | 2:15.90 | 512 | 26/10/14 | Carnegie Winter Meet | Glenrothes | SCO908 | 2 |
| 50 Backstroke | 30.09 | 30.70 | 396 | 01/09/12 | West District Group 5 Championships | Ayr | SCO642 | 1 |
| 200 Backstroke | 2:20.72 | 2:23.10 | 422 | 03/12/11 | SASA West District Group 7 Championships | Cumbernauld | SCO569 | 1 |
| 200 Individual Medley | 2:06.75 | 2:09.80 | 647 | 24/10/15 | Carnegie Winter Open Meet | Dunfermline | SCO1031 | 2 |
| 400 Individual Medley | 4:37.70 | 4:43.90 | 604 | 13/11/11 | Aberdeen Mitchell Trophy 2011 | Inverness | SCO561 | 2 |
| 100 Individual Medley | 58.13 | 58.10 | 609 | 13/12/13 | Scottish National Short Course Open Meet | Edinburgh | SCO791 | 1 |