Individual Best Times (All Time)

Lauren Bekavac - (561623) - Market Harborough SC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|---------|-----------------|--------------|----------|---|--------------|---------|-------|
| 50 Freestyle | 30.78 | 30.10 | 451 | 02/03/14 | Leicestershire County Age Groups & Champs | Corby | CC4071 | 1 |
| 100 Freestyle | 1:10.36 | 1:09.20 | 396 | 01/03/14 | Leicestershire County Age Groups & Champs | Corby | CC4071 | 1 |
| 200 Freestyle | 2:35.87 | 2:33.60 | 379 | 03/03/13 | Leicestershire County Championships | Loughborough | CC3059 | 1 |
| 100 Breaststroke | 1:46.11 | 1:44.90 | 220 | 05/03/11 | Leicestershire County Championships | Loughborough | CC1064 | 1 |
| 200 Breaststroke | 3:54.74 | 3:52.50 | 201 | 28/02/10 | Leicestershire Champs | Loughborough | CC0105 | 1 |
| 50 Butterfly | 36.29 | 35.80 | 305 | 01/03/14 | Leicestershire County Age Groups & Champs | Corby | CC4071 | 1 |
| 50 Backstroke | 37.29 | 36.70 | 373 | 02/03/14 | Leicestershire County Age Groups & Champs | Corby | CC4071 | 1 |
| 100 Backstroke | 1:22.46 | 1:21.50 | 336 | 01/03/14 | Leicestershire County Age Groups & Champs | Corby | CC4071 | 1 |
| 200 Backstroke | 3:01.49 | 2:59.60 | 312 | 23/02/13 | Leicestershire County Age Groups Champs | Loughborough | CC3058 | 1 |
| 200 Individual Medley | 2:59.61 | 2:57.40 | 346 | 24/02/13 | Leicestershire County Age Groups Champs | Loughborough | CC3058 | 1 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|--------------|----------|--------------------------------------|----------------------|---------|-------|
| 50 Freestyle | 30.57 | 31.20 | 422 | 22/11/14 | Market Harborough Club Championships | Market Harborough | EM4269 | 4 |
| 100 Freestyle | 1:07.40 | 1:08.60 | 414 | 17/11/13 | Market Harborough 200m Club Champs | Market Harborough | EM3212 | 4 |
| 200 Freestyle | 2:31.18 | 2:33.50 | 388 | 12/06/14 | Market Harborough Club Championships | Market Harborough | EM4269 | 4 |
| 50 Breaststroke | 44.93 | 45.60 | 251 | 23/11/13 | Market Harborough 200m Club Champs | Market Harborough | EM3212 | 4 |
| 50 Butterfly | 35.14 | 35.70 | 333 | 17/03/13 | Leicestershire County Championships | Braunstone | CC3060 | 2 |
| 50 Backstroke | 35.77 | 36.30 | 351 | 17/11/13 | Market Harborough 200m Club Champs | Market Harborough | EM3212 | 4 |
| 100 Backstroke | 1:18.66 | 1:19.70 | 339 | 23/11/13 | Market Harborough 200m Club Champs | Market Harborough | EM3212 | 4 |
| 200 Backstroke | 2:56.20 | 2:58.10 | 307 | 18/04/13 | Market Harborough 200m Club Champs | Market Harborough | EM3212 | 4 |
| 200 Individual Medley | 2:57.82 | 3:00.00 | 321 | 13/02/14 | Market Harborough Club Championships | Market Harborough | EM4269 | 4 |
| 100 Individual Medley | 1:19.55 | 1:19.60 | 358 | 07/07/13 | Braunstone Sprint Open Meet | Braunstone | EM3506 | 3 |

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