Individual Best Times (All Time)

Katie Isaacs - (560254) - Black Lion SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.64	28.90	505	01/10/16	Lis Hartley LC Opportunity Meet 2016	Crawley	SE160448	3
100 Freestyle	1:04.90	1:03.60	505	31/05/15	ASASER Swimming Championships	Crawley	SE150986	1
200 Freestyle	2:21.75	2:19.30	504	09/06/13	ASA South East Region Age Group Championships 2013	Crawley	SER304	1
400 Freestyle	5:03.62	4:59.00	465	25/05/13	ASA South East Region Age Group Champs	Crawley	SER303	1
800 Freestyle	10:32.75	10:23.50	449	17/02/13	Kent County ASA Swimming Championships	Crystal Palace	CC3050	1
50 Breaststroke	38.68	37.90	428	14/02/16	Kent Swimming Championships 2016	London	SE160331	1
100 Breaststroke	1:27.93	1:26.50	387	09/06/13	ASA South East Region Age Group Championships 2013	Crawley	SER304	1
200 Breaststroke	3:05.74	3:02.90	406	08/06/13	ASA South East Region Age Group Championships 2013	Crawley	SER304	1
100 Backstroke	1:28.02	1:27.10	276	18/12/11	Killerwhales Winter Open	Basildon	LR1534	1
200 Individual Medley	2:47.31	2:44.90	428	08/06/13	ASA South East Region Age Group Championships 2013	Crawley	SER304	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.60	29.30	515	22/02/15	2015 Kent County Swimming Championships	Gillingham	CC150171	2
100 Freestyle	1:01.57	1:02.90	543	07/03/15	2015 Kent County Swimming Championships	Gillingham	CC150173	2
200 Freestyle	2:15.65	2:18.20	537	25/09/16	Black Lion Club Championships	Gillingham	SE161680	4
400 Freestyle	4:50.06	4:54.90	507	28/02/15	2015 Kent County Swimming Championships	Gillingham	CC150172	2
800 Freestyle	10:13.63	10:23.00	470	06/10/14	Black Lion Club Championships	Strood	SE14275	4
50 Breaststroke	37.84	38.70	421	02/05/15	Black Lion L3 Spring Open Meet 2015	Medway Park	SE150123	3
100 Breaststroke	1:20.37	1:21.90	467	21/02/15	2015 Kent County Swimming Championships	Gillingham	CC150171	2
200 Breaststroke	2:58.79	3:01.70	426	28/02/15	2015 Kent County Swimming Championships	Gillingham	CC150172	2
50 Butterfly	37.58	38.10	273	15/09/13	Black Lion Club Championships	Gillingham	SE3620	4
50 Backstroke	37.04	37.60	316	02/11/14	Black Lion Club Championships	Gillingham	SE4637	4
100 Backstroke	1:20.06	1:21.10	322	07/10/12	White Oak SC Level 3 Open Meet	Crook Log	SE2536	3
200 Individual Medley	2:42.78	2:45.20	419	09/03/13	Kent County Championships	Gillingham	CC3052	2
100 Individual Medley	1:16.27	1:16.30	406	02/03/14	BG Kent ASA Swimming Championships	Gillingham	CC4062	2

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