

Individual Best Times (All Time)

Chloe Long - (560003) - West Suffolk Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.83	30.10	449	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	ER150078	1
100 Freestyle	1:07.45	1:06.20	450	08/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	ER150078	1
800 Freestyle	10:21.88	10:12.50	473	15/02/14	Suffolk County ASA County Championships	Norwich	CC4082	1
1500 Freestyle	21:05.83	20:49.40	384	18/02/12	Suffolk County Championships	Norwich	CC2049	1
50 Butterfly	32.92	32.30	408	24/01/15	ISA National Swimming Championships	London	LR150306	3
100 Butterfly	1:15.09	1:14.10	403	03/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	ER150080	1
50 Backstroke	34.20	33.60	484	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	ER150078	1
100 Backstroke	1:12.57	1:11.50	493	24/01/15	ISA National Swimming Championships	London	LR150306	3
200 Backstroke	2:32.97	2:30.80	521	03/05/14	ASA East Region Youth Championships	Luton	ERX406	1
200 Individual Medley	2:40.83	2:38.40	482	24/01/15	ISA National Swimming Championships	London	LR150306	3
400 Individual Medley	5:43.88	5:38.70	462	03/05/14	ASA East Region Youth Championships	Luton	ERX406	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.06	30.70	443	23/11/14	Stowmarket Club Champs	Stowmarket	ER14652	4
100 Freestyle	1:05.47	1:06.70	452	15/03/15	Suffolk County Championships	Ipswich	CC150049	2
200 Freestyle	2:21.04	2:23.50	478	15/11/13	Stowmarket SC Club Championships	Stowmarket	ER3886	4
400 Freestyle	4:57.31	5:02.00	470	21/03/15	Suffolk County Championships	Ipswich	CC150050	2
800 Freestyle	10:17.32	10:26.60	462	22/11/13	Deben Open Meet	Deben	ER3812	3
50 Breaststroke	41.11	41.90	328	23/11/14	Stowmarket Club Champs	Stowmarket	ER14652	4
100 Breaststroke	1:29.07	1:30.50	343	15/11/14	Stowmarket Club Champs	Stowmarket	ER14651	4
200 Breaststroke	3:04.68	3:07.50	386	16/11/13	Stowmarket SC Club Championships	Stowmarket	ER3886	4
50 Butterfly	33.31	33.90	392	22/11/15	Deben SC Open Meet 2015	Woodbridge	ER152016	3
100 Butterfly	1:15.17	1:16.20	371	15/11/14	Stowmarket Club Champs	Stowmarket	ER14651	4
200 Butterfly	2:48.25	2:50.10	359	16/11/13	Stowmarket SC Club Championships	Stowmarket	ER3886	4
50 Backstroke	33.23	33.80	438	15/03/15	Suffolk County Championships	Ipswich	CC150049	2
100 Backstroke	1:10.05	1:11.20	481	14/03/15	Suffolk County Championships	Ipswich	CC150049	2
200 Backstroke	2:29.27	2:31.50	505	06/12/14	ASA East Region Winter Championships	Luton	ERX432	2
200 Individual Medley	2:35.45	2:38.00	481	07/12/14	ASA East Region Winter Championships	Luton	ERX432	2
400 Individual Medley	5:31.69	5:36.90	475	15/11/13	Stowmarket SC Club Championships	Stowmarket	ER3886	4
100 Individual Medley	1:14.00	1:14.00	445	23/11/14	Stowmarket Club Champs	Stowmarket	ER14652	4