

# Individual Best Times (All Time)

Samuel Milburn - (559046) - Colchester SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
200 Freestyle	2:40.51	2:38.30	256	24/07/16	BPSC End of Season Meet 2016	Basildon	ER160054	3
100 Breaststroke	1:43.31	1:42.10	166	24/07/16	BPSC End of Season Meet 2016	Basildon	ER160054	3
50 Backstroke	38.92	38.40	221	24/07/16	BPSC End of Season Meet 2016	Basildon	ER160054	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.90	31.60	277	28/06/18	Colchester 5th Midsummer Madness Open Meet	Colchester	ER180501	3
100 Freestyle	1:08.29	1:09.50	283	18/06/17	4th Midsummer Madness Open Meet	Colchester	ER171100	3
200 Freestyle	2:28.23	2:30.60	301	18/06/17	4th Midsummer Madness Open Meet	Colchester	ER171100	3
400 Freestyle	5:12.00	5:16.50	314	08/10/18	Colchester Club Championships	Colchester	ER180902	4
800 Freestyle	10:57.46	11:06.20	306	02/10/18	Colchester Club Championships	Colchester	ER180899	4
1500 Freestyle	21:04.26	21:20.50	300	04/10/18	Colchester Club Championships	Colchester	ER180900	4
50 Breaststroke	42.14	42.90	207	18/06/17	4th Midsummer Madness Open Meet	Colchester	ER171100	3
100 Breaststroke	1:38.06	1:39.30	179	19/06/16	Colchester 3rd Midsummer Madness Meet 2016	Colchester	ER160522	3
200 Breaststroke	3:27.78	3:30.30	193	22/11/15	Deben SC Open Meet 2015	Woodbridge	ER152016	3
50 Butterfly	42.13	42.60	137	03/07/16	Romford Town End of Season Meet	Ipswich	LR160626	3
100 Butterfly	1:43.40	1:44.10	98	07/11/15	Colchester Club Championships 2015	Colchester	ER151708	4
50 Backstroke	35.42	36.00	243	09/04/17	Halstead 8th Short Course Open Meet	Colchester	ER170505	3
100 Backstroke	1:17.48	1:18.50	242	28/06/18	Colchester 5th Midsummer Madness Open Meet	Colchester	ER180501	3
200 Backstroke	2:56.62	2:58.50	213	03/07/16	Romford Town End of Season Meet	Ipswich	LR160626	3
200 Individual Medley	2:49.68	2:52.00	269	18/06/17	4th Midsummer Madness Open Meet	Colchester	ER171100	3
400 Individual Medley	6:16.02	6:20.70	243	04/11/16	Colchester Club Championships 2016	Colchester	ER162137	4
100 Individual Medley	1:29.63	1:29.60	166	21/06/15	Colchester 2nd Midsummer Madness Open Meet	Colchester	ER150925	3