

Individual Best Times (All Time)

Rebecca Handley - (558332) - Leyland Barracudas Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.37	30.70	426	15/03/14	Lancashire County Championships	Manchester	CC4087	1
100 Freestyle	1:10.65	1:09.50	392	10/03/13	Lancashire Age Group County Championships	Manchester	CC3061	1
50 Backstroke	35.75	35.20	424	16/03/14	Lancashire County Championships	Manchester	CC4087	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.54	32.20	384	10/01/15	North Lancashire Age Groups & Youth Championships	Blackpool	NW150127	2
100 Freestyle	1:07.96	1:09.20	404	25/10/14	North Lancashire Gala	Blackpool	NW4921	3
200 Freestyle	2:28.55	2:30.90	409	25/10/14	North Lancashire Gala	Blackpool	NW4921	3
400 Freestyle	5:40.88	5:45.00	312	21/09/14	Leyland Barracudas ASC Distance Meet	Leyland	NW4919	4
50 Breaststroke	45.94	46.60	235	19/01/13	North Lancashire AG & Youth Champs	Blackpool	NW3160	3
200 Breaststroke	3:52.58	3:54.80	193	05/11/11	North Lancashire Level 3 Open Meet	Blackpool	NW1530	3
50 Butterfly	36.59	37.10	295	26/10/14	North Lancashire Gala	Blackpool	NW4921	3
50 Backstroke	34.74	35.30	383	11/01/15	North Lancashire Age Groups & Youth Championships	Blackpool	NW150127	2
100 Backstroke	1:17.81	1:18.80	351	25/10/14	North Lancashire Gala	Blackpool	NW4921	3
200 Backstroke	2:57.83	2:59.70	299	21/09/14	Leyland Barracudas ASC Distance Meet	Leyland	NW4919	4
100 Individual Medley	1:32.64	1:32.60	226	27/10/12	North Lancs SC L3 Meet	Blackpool	NW2607	3