Individual Best Times (All Time)

Rosemary Jones - (557459) - Tiverton SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
200 Freestyle	2:48.03	2:45.90	302	23/10/11	3 Towers Open Meet	Millfield	SW1411	3
400 Freestyle	5:52.93	5:48.90	296	31/03/12	3 Towers Open Meet	Millfield	SW2174	3
800 Freestyle	11:52.08	11:43.90	315	19/01/13	ASA South West Region Open Meet	Plymouth	SW3203	1
50 Butterfly	49.99	49.60	116	24/10/10	3 Towers Open Meet	Millfield	SW0586	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.79	34.40	312	19/07/15	Tiverton Club Championships Sprint Meet	Tiverton	SW151375	4
100 Freestyle	1:12.58	1:13.70	331	21/06/14	Devon County Development Gala 2014	Plymouth	SW4105	3
200 Freestyle	2:36.22	2:38.40	352	22/06/14	Devon County Development Gala 2014	Plymouth	SW4105	3
400 Freestyle	5:37.63	5:41.80	321	11/05/13	Exeter May Meet	Cardiff	WAL495	3
800 Freestyle	11:45.36	11:53.50	310	18/02/12	Devon County Championships	Tiverton	CC2027	2
50 Breaststroke	46.79	47.50	222	19/07/15	Tiverton Club Championships Sprint Meet	Tiverton	SW151375	4
100 Breaststroke	1:43.10	1:44.30	221	28/06/15	Devon County Inter-Club Competition	Plymouth	SW150280	2
50 Butterfly	39.14	39.60	241	19/07/15	Tiverton Club Championships Sprint Meet	Tiverton	SW151375	4
100 Butterfly	1:31.68	1:32.50	204	21/06/14	Devon County Development Gala 2014	Plymouth	SW4105	3
200 Butterfly	3:22.18	3:23.70	207	02/03/13	Devon County Championships	Plymouth	CC3015	2
50 Backstroke	39.70	40.20	257	19/07/15	Tiverton Club Championships Sprint Meet	Tiverton	SW151375	4
100 Backstroke	1:25.63	1:26.60	263	02/11/14	Tiverton 8th Sparklers Open Meet	Tiverton	SW4559	3
200 Backstroke	3:03.23	3:05.00	273	03/11/13	Tiverton SC 7th Tiverton Sparkler Open Meet	Tiverton	SW3710	3
100 Individual Medley	1:25.62	1:25.60	287	22/06/14	Devon County Development Gala 2014	Plymouth	SW4105	3

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