

# Individual Best Times (All Time)

Lucy Cammock - (556817) - Sutton & Cheam SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	39.68	39.10	210	12/01/13	Rushmoor Royals 7th New Year Open Meet	Aldershot	SE3070	3
100 Freestyle	1:30.36	1:29.40	187	12/01/13	Rushmoor Royals 7th New Year Open Meet	Aldershot	SE3070	3
50 Backstroke	45.85	45.40	201	12/01/13	Rushmoor Royals 7th New Year Open Meet	Aldershot	SE3070	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.79	32.40	375	10/05/15	Woking 6th Octopus B C Meet	Woking	SE150695	3
100 Freestyle	1:12.94	1:14.10	326	07/01/17	London Boro Sutton Annual Swimming Champs	Carshalton	LR170313	4
200 Freestyle	2:54.50	2:56.50	252	06/07/13	Haslemere Summer Open Meet	Haslemere	SE3190	3
50 Breaststroke	43.16	43.90	284	17/01/16	London Borough of Sutton Borough Championships	Carshalton	LR160341	4
100 Breaststroke	1:37.18	1:38.50	264	13/11/16	Sutton & Cheam Club Championships 2016	Kingswood	LR161835	4
200 Breaststroke	3:27.32	3:29.90	273	07/01/17	London Boro Sutton Annual Swimming Champs	Carshalton	LR170313	4
50 Butterfly	35.29	35.80	329	21/05/17	Woking 8th B C Grade Octopus Meet	Woking	SE170722	3
50 Backstroke	37.36	37.90	308	21/05/17	Woking 8th B C Grade Octopus Meet	Woking	SE170722	3
100 Backstroke	1:20.25	1:21.20	319	21/05/17	Woking 8th B C Grade Octopus Meet	Woking	SE170722	3
200 Backstroke	3:07.76	3:09.50	254	11/01/14	Killerwhales last Chance County Qualifier	Grays	LR4069	3
200 Individual Medley	3:48.44	3:50.20	151	20/11/11	Sutton & Cheam Club Championships	Epsom	LR1628	4
100 Individual Medley	1:22.61	1:22.60	320	15/10/16	Sutton & Cheam Club Championships 2016	Kingswood	LR161834	4