

# Individual Best Times (All Time)

Nathan Robb - (556121) - Bathgate ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.84	25.00	529	26/07/15	Swim Wales Summer Open Meet	Swansea	WL150507	1
100 Freestyle	56.25	54.70	578	27/07/15	Swim Wales Summer Open Meet	Swansea	WL150507	1
200 Freestyle	2:03.62	2:00.80	561	29/07/15	Swim Wales Summer Open Meet	Swansea	WL150507	1
400 Freestyle	4:27.26	4:22.00	558	28/07/15	Swim Wales Summer Open Meet	Swansea	WL150507	1
50 Breaststroke	34.44	33.50	427	25/07/15	Swim Wales Summer Open Meet	Swansea	WL150507	1
100 Breaststroke	1:18.22	1:16.60	384	14/01/15	SASA East District Age Group Championships	Edinburgh	SCO927	1
200 Breaststroke	2:49.69	2:46.60	404	23/07/15	Swim Wales Summer Open Meet	Swansea	WL150507	1
50 Butterfly	27.79	27.10	514	24/07/15	Swim Wales Summer Open Meet	Swansea	WL150507	1
100 Butterfly	1:03.24	1:02.00	478	23/01/16	East District Age Group Championships	Edinburgh	SCO1071	1
50 Backstroke	33.99	33.40	332	06/08/14	Swim Wales Summer Nationals 2014	Swansea	WAL585	1
100 Backstroke	1:11.72	1:10.60	372	14/01/15	SASA East District Age Group Championships	Edinburgh	SCO927	1
200 Individual Medley	2:28.05	2:25.40	456	14/01/15	SASA East District Age Group Championships	Edinburgh	SCO927	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.97	25.80	526	11/12/15	Scottish National Short Course Meet	Edinburgh	SCO1057	1
100 Freestyle	54.15	55.70	567	11/12/15	Scottish National Short Course Meet	Edinburgh	SCO1057	1
200 Freestyle	1:59.66	2:02.50	572	13/12/15	Scottish National Short Course Meet	Edinburgh	SCO1057	1
400 Freestyle	4:19.17	4:24.50	549	11/12/15	Scottish National Short Course Meet	Edinburgh	SCO1057	1
800 Freestyle	10:26.36	10:35.50	354	06/05/12	Carnegie SO Long Meet	Glenrothes	SCO616	2
1500 Freestyle	17:40.91	18:00.20	508	31/10/15	East District Age Group Championships	Glenrothes	SCO1062	1
50 Breaststroke	33.52	34.40	412	05/12/15	Bathgate 80th Anniversary 2015	Bathgate	SCO1072	2
100 Breaststroke	1:15.12	1:16.80	398	15/11/14	COAST Grand Prix	Aberdeen	SCO907	1
200 Breaststroke	2:42.98	2:46.20	400	16/11/14	COAST Grand Prix	Aberdeen	SCO907	1
50 Butterfly	26.81	27.50	533	13/12/15	Scottish National Short Course Meet	Edinburgh	SCO1057	1
100 Butterfly	59.07	1:00.30	529	11/12/15	Scottish National Short Course Meet	Edinburgh	SCO1057	1
200 Butterfly	2:25.29	2:27.40	397	28/11/15	East District Age Group Championships	Glenrothes	SCO1051	1
50 Backstroke	30.83	31.50	368	05/12/15	Bathgate 80th Anniversary 2015	Bathgate	SCO1072	2
100 Backstroke	1:08.25	1:09.40	355	29/08/15	Dunedin Challenge Meet	Bathgate	SCO1007	2
200 Backstroke	2:26.19	2:28.50	377	30/08/15	Dunedin Challenge Meet	Bathgate	SCO1007	2
200 Individual Medley	2:23.00	2:25.70	450	17/05/15	Swim West Lothian IM Tough 2015	West Lothian	SCO990	2
400 Individual Medley	5:21.09	5:26.50	391	18/05/14	Swim West Lothian IM Tough Meet 2014	Bathgate	SCO842	2
100 Individual Medley	1:04.44	1:04.40	447	05/12/15	Bathgate 80th Anniversary 2015	Bathgate	SCO1072	2