

# Individual Best Times (All Time)

Abigail Shuttleworth - (555555) - Bradford SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.10	29.40	482	10/04/16	Richmond Dales Open Meet	Leeds	NE160001	1
100 Freestyle	1:03.88	1:02.60	530	09/04/16	Richmond Dales Open Meet	Leeds	NE160001	1
200 Freestyle	2:13.64	2:11.00	602	21/01/17	City of Sunderland SC New Year Meet 2017	Sunderland	NE170490	1
400 Freestyle	4:40.24	4:35.20	592	09/04/16	Richmond Dales Open Meet	Leeds	NE160001	1
800 Freestyle	10:28.36	10:19.10	459	14/04/12	19th Easter International Meet	Gzira Malta	GB2035	1
50 Breaststroke	37.50	36.70	470	28/02/16	Yorkshire County Championships	Sheffield	NE160070	1
100 Breaststroke	1:20.77	1:19.20	500	07/02/16	Yorkshire County Championships	Leeds	NE160068	1
200 Breaststroke	2:53.45	2:50.40	498	27/11/16	City of Sheffield Snow Frills Meet	Sheffield	NE160213	3
50 Butterfly	31.25	30.60	477	22/01/17	City of Sunderland SC New Year Meet 2017	Sunderland	NE170490	1
100 Butterfly	1:07.50	1:06.40	555	30/04/16	ASANER Regional Championships 2016	Sunderland	NE160065	1
200 Butterfly	2:25.12	2:22.90	591	21/01/17	City of Sunderland SC New Year Meet 2017	Sunderland	NE170490	1
50 Backstroke	33.88	33.30	498	28/02/16	Yorkshire County Championships	Sheffield	NE160070	1
100 Backstroke	1:11.92	1:10.80	506	06/02/16	Yorkshire County Championships	Leeds	NE160068	1
200 Backstroke	2:38.15	2:36.00	472	15/02/15	Yorkshire County Championships	Leeds	NE150622	1
200 Individual Medley	2:28.92	2:26.30	607	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	NE160210	1
400 Individual Medley	5:10.23	5:04.50	629	01/08/16	ASA Summer Nationals 2016	Sheffield	ASA149	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.53	31.20	423	04/07/15	Harrogate Summer A Grade Meet	Harrogate	NE151003	3
100 Freestyle	1:02.00	1:03.30	532	16/10/16	Yorkshire SA Winter Competition	Leeds	NE162072	2
200 Freestyle	2:12.33	2:14.90	579	16/07/16	City of Bradford End of Season Meet	Shipley	NE160765	3
400 Freestyle	4:34.69	4:39.70	597	12/12/15	City of Bradford Winter Meet	Shipley	NE151702	3
50 Breaststroke	37.26	38.10	441	20/06/15	Team Jorvik Viking Sprints 2015	Leeds	NE150569	3
100 Breaststroke	1:16.78	1:18.40	535	15/10/16	Yorkshire SA Winter Competition	Leeds	NE162072	2
200 Breaststroke	2:45.84	2:49.00	534	16/07/16	City of Bradford End of Season Meet	Shipley	NE160765	3
50 Butterfly	31.18	31.80	478	16/10/16	Yorkshire SA Winter Competition	Leeds	NE162072	2
100 Butterfly	1:06.46	1:07.60	537	16/07/16	City of Bradford End of Season Meet	Shipley	NE160765	3
200 Butterfly	2:22.92	2:25.10	586	17/07/16	City of Bradford End of Season Meet	Shipley	NE160765	3
50 Backstroke	34.86	35.40	380	20/06/15	Team Jorvik Viking Sprints 2015	Leeds	NE150569	3
100 Backstroke	1:09.25	1:10.40	497	15/10/16	Yorkshire SA Winter Competition	Leeds	NE162072	2
200 Backstroke	2:25.12	2:27.40	550	10/12/16	City of Bradford 'Super Santa' Meet	Bradford	NE161613	3
200 Individual Medley	2:23.50	2:26.20	612	10/12/16	City of Bradford 'Super Santa' Meet	Bradford	NE161613	3
400 Individual Medley	5:04.60	5:10.30	614	06/11/16	ASA North East Region Senior Junior Champs	Sunderland	NE162070	2
100 Individual Medley	1:29.23	1:29.20	254	15/05/10	Wear Valley Meet	Bishop Auckland	NE0309	3