

Individual Best Times (All Time)

Katie Maloney - (550208) - Louth Dolphins SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.87	28.10	546	08/04/23	City of Norwich Easter Meet 2023	Norwich	ER230119	1
100 Freestyle	1:02.76	1:01.40	559	24/06/23	City of Leeds Summer Meet 2023	Leeds	NE230115	3
200 Freestyle	2:18.03	2:15.50	546	14/01/23	City of Derby SC 19th LC Open Meet 2023	Sheffield	EM230061	1
400 Freestyle	4:54.07	4:49.30	512	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	ER4035	1
100 Breaststroke	1:33.73	1:32.40	320	07/03/20	City of Norwich 2020 March L3 LC Open Meet	Norwich	ER200198	3
50 Butterfly	30.31	29.70	523	12/03/23	Derventio eXcel Early March Meet 2023	Sheffield	EM230151	1
100 Butterfly	1:05.87	1:04.70	597	30/04/23	East Midlands Regional LC Championships 2023	Derby	EM230742	1
200 Butterfly	2:26.42	2:24.20	575	07/05/22	SE East Midland Regional Long Course Championships	Sheffield	EM220576	1
50 Backstroke	33.73	33.10	504	02/05/22	SE East Midland Regional Long Course Championships	Sheffield	EM220575	1
100 Backstroke	1:13.91	1:12.80	466	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	ER4035	1
200 Backstroke	2:36.25	2:34.10	489	18/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	ER4035	1
200 Individual Medley	2:39.99	2:37.50	489	08/08/21	British Swimming Festival of Swimming East Region	London Aquatic Centr	ER210171	1
400 Individual Medley	5:39.93	5:34.70	478	03/04/22	Derventio eXcel April Meet	Sheffield	EM220191	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.03	28.80	547	01/07/23	Rotherham Metro A & B Grade SC Meet 2023	Sheffield	NE230499	3
100 Freestyle	1:01.05	1:02.40	557	05/02/23	Lincolnshire County Championships 2023	Louth	EM230060	2
200 Freestyle	2:13.30	2:15.90	566	09/04/22	KUHSC A/B Easter Short Course 2022	Hull	NE220238	3
400 Freestyle	4:42.88	4:47.80	546	29/01/22	Lincolnshire ASA County Championships	Grantham	EM220153	2
800 Freestyle	9:50.30	10:00.00	529	21/01/23	Lincolnshire County Championships 2023	Grantham	EM230058	2
1500 Freestyle	18:52.13	19:10.20	516	22/01/23	Lincolnshire County Championships 2023	Grantham	EM230058	2
50 Breaststroke	38.59	39.40	397	21/05/23	Louth SC Sportsman 2023	Louth	EM230952	3
100 Breaststroke	1:23.12	1:24.60	422	06/02/22	Lincolnshire ASA County Championships	Louth	EM220154	2
200 Breaststroke	3:01.02	3:03.90	410	25/06/22	Lincoln Vulcans Club Championships 2022	North Kesteven	EM221267	4
50 Butterfly	29.56	30.20	561	05/02/23	Lincolnshire County Championships 2023	Louth	EM230060	2
100 Butterfly	1:03.32	1:04.50	621	29/01/23	Lincolnshire County Championships 2023	Grantham	EM230059	2
200 Butterfly	2:21.34	2:23.60	606	05/02/23	Lincolnshire County Championships 2023	Louth	EM230060	2
50 Backstroke	31.65	32.30	507	06/11/22	SE East Midlands Regional SC Championships 2022	Nottingham	EM222140	2
100 Backstroke	1:10.70	1:11.80	467	10/03/13	Norfolk County Championships	Thetford	CC3076	2
200 Backstroke	2:30.28	2:32.50	495	10/04/22	KUHSC A/B Easter Short Course 2022	Hull	NE220238	3
200 Individual Medley	2:30.22	2:32.80	533	09/04/22	KUHSC A/B Easter Short Course 2022	Hull	NE220238	3
400 Individual Medley	5:21.40	5:26.80	522	08/04/22	KUHSC A/B Easter Short Course 2022	Hull	NE220238	3
100 Individual Medley	1:09.49	1:09.50	537	05/11/22	SE East Midlands Regional SC Championships 2022	Nottingham	EM222140	2