

Individual Best Times (All Time)

Amy Thorne - (548589) - Alnwick Dolphin SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.89	32.20	369	07/10/12	Northumberland & Durham Autumn Meet 2012	Sunderland	NE2628	3
100 Freestyle	1:09.42	1:08.20	413	13/07/13	City of Sunderland Summer Splash	Sunderland	NE3542	3
200 Freestyle	2:28.93	2:26.60	435	11/01/14	City of Sunderland New Year Meet 2014	Sunderland	NE4174	1
400 Freestyle	5:11.01	5:06.50	433	19/05/13	City of Sunderland May Open Meet	Sunderland	NE3324	1
800 Freestyle	10:32.57	10:23.40	450	13/10/13	Northumberland & Durham SA Autumn Meet	Sunderland	NE3822	3
50 Breaststroke	41.70	40.90	341	12/01/14	City of Sunderland New Year Meet 2014	Sunderland	NE4174	1
100 Breaststroke	1:31.54	1:30.20	343	11/01/14	City of Sunderland New Year Meet 2014	Sunderland	NE4174	1
200 Breaststroke	3:11.90	3:09.10	368	13/07/13	City of Sunderland Summer Splash	Sunderland	NE3542	3
50 Butterfly	35.14	34.60	336	02/02/14	NDSA Championships	Sunderland	CC4064	1
100 Butterfly	1:24.85	1:23.90	279	06/10/12	Northumberland & Durham Autumn Meet 2012	Sunderland	NE2628	3
50 Backstroke	35.92	35.40	418	02/02/14	NDSA Championships	Sunderland	CC4064	1
100 Backstroke	1:15.23	1:14.20	442	07/06/14	ASA North East Region British Gas Regional	Leeds	NER422	1
200 Backstroke	2:39.17	2:37.10	463	03/02/13	Northumberland & Durham County Champs	Sunderland	CC3095	1
200 Individual Medley	2:47.21	2:44.80	429	02/02/13	Northumberland & Durham County Champs	Sunderland	CC3095	1
400 Individual Medley	5:49.04	5:44.00	441	08/03/14	Northumberland & Durham SA County Champs	Sunderland	CC4066	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.83	32.50	373	07/12/13	Derwentside ASC Christmas Cracker	Stanley	NE3702	3
100 Freestyle	1:03.72	1:05.00	490	06/12/15	Blyth Lifeguard Xmas Cracker 2015	Blyth	NE152186	3
200 Freestyle	2:24.72	2:27.10	442	12/01/13	Newburn ASC New Year Graded Meet	Stanley	NE3112	3
400 Freestyle	5:00.24	5:04.90	457	14/06/13	Alnwick Dolphins Time Trials & Club Champs	Alnwick	NE3517	4
800 Freestyle	10:18.43	10:27.70	460	21/04/13	Alnwick Dolphins Time Trials & Club Champs	Alnwick	NE3517	4
50 Breaststroke	40.71	41.50	338	07/09/13	South Tyneside ASC Autumn Meet	Hebburn	NE3829	3
100 Breaststroke	1:26.96	1:28.40	368	04/07/14	Alnwick Dolphins 2014 Club Championships	Alnwick	NE4686	4
200 Breaststroke	3:05.54	3:08.40	381	15/06/13	Alnwick Dolphins Time Trials & Club Champs	Alnwick	NE3517	4
50 Butterfly	35.53	36.10	323	07/09/13	South Tyneside ASC Autumn Meet	Hebburn	NE3829	3
100 Butterfly	1:20.79	1:21.70	299	20/10/13	Durham City ASC Medley Challenge	Durham	NE3817	3
200 Butterfly	3:03.94	3:05.70	274	27/04/13	Chester Le Street Open Meet	Stanley	NE3317	3
50 Backstroke	35.04	35.60	374	07/12/13	Derwentside ASC Christmas Cracker	Stanley	NE3702	3
100 Backstroke	1:13.51	1:14.60	416	11/07/15	Alnwick Dolphins Club Championships	Alnwick	NE151006	4
200 Backstroke	2:34.74	2:36.90	454	15/06/13	Alnwick Dolphins Time Trials & Club Champs	Alnwick	NE3517	4
200 Individual Medley	2:41.70	2:44.10	428	20/10/13	Durham City ASC Medley Challenge	Durham	NE3817	3
400 Individual Medley	5:42.05	5:47.20	433	08/02/14	Durham City Very Last Chance Qualifier	Durham	NE4299	3
100 Individual Medley	1:16.85	1:16.80	397	04/07/14	Alnwick Dolphins 2014 Club Championships	Alnwick	NE4686	4