

# Individual Best Times (All Time)

Edris Ramezanpour - (548585) - Alnwick Dolphin SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.94	28.20	377	12/01/14	City of Sunderland New Year Meet 2014	Sunderland	NE4174	1
100 Freestyle	1:02.80	1:01.50	415	08/03/14	Northumberland & Durham SA County Champs	Sunderland	CC4066	1
200 Freestyle	2:17.49	2:14.90	408	12/01/14	City of Sunderland New Year Meet 2014	Sunderland	NE4174	1
400 Freestyle	4:43.87	4:38.90	465	22/02/14	Northumberland & Durham SA County Champs	Sunderland	CC4065	1
1500 Freestyle	18:26.20	18:07.40	488	07/02/15	Northumberland & Durham County Championships	Sunderland	NE150630	1
50 Breaststroke	40.83	40.10	256	02/02/14	NDSA Championships	Sunderland	CC4064	1
100 Breaststroke	1:41.19	1:39.90	177	14/01/12	City of Sunderland New Year Meet	Sunderland	NE2185	3
50 Butterfly	32.99	32.40	307	13/07/13	City of Sunderland Summer Splash	Sunderland	NE3542	3
100 Butterfly	1:14.43	1:13.40	293	13/07/13	City of Sunderland Summer Splash	Sunderland	NE3542	3
200 Butterfly	2:34.95	2:32.90	361	07/02/15	Northumberland & Durham County Championships	Sunderland	NE150630	1
50 Backstroke	32.69	32.10	373	07/02/15	Northumberland & Durham County Championships	Sunderland	NE150630	1
100 Backstroke	1:08.82	1:07.60	421	08/02/15	Northumberland & Durham County Championships	Sunderland	NE150630	1
200 Backstroke	2:31.39	2:29.20	404	08/03/14	Northumberland & Durham SA County Champs	Sunderland	CC4066	1
200 Individual Medley	2:33.94	2:31.40	406	12/01/14	City of Sunderland New Year Meet 2014	Sunderland	NE4174	1
400 Individual Medley	5:20.03	5:14.50	435	08/02/15	Northumberland & Durham County Championships	Sunderland	NE150630	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.23	28.00	405	06/12/15	Derwentside Christmas Cracker	Stanley	NE150753	3
100 Freestyle	59.73	1:01.10	423	07/03/15	Derwentside ASC Developmental 2015	Stanley	NE150720	3
200 Freestyle	2:08.40	2:11.10	463	07/03/15	Derwentside ASC Developmental 2015	Stanley	NE150720	3
400 Freestyle	5:34.60	5:38.80	255	12/11/11	North East Invitational Series Meet	Alnwick	NE1544	4
1500 Freestyle	18:30.95	18:49.40	442	12/11/13	Alnwick Dolphins 800 & 1500 Time Trials	Didcot	NE3994	4
50 Breaststroke	37.82	38.60	287	17/01/15	Newcastle Swim Team New Year Graded Meet	Stanley	NE150266	3
100 Breaststroke	1:21.96	1:23.50	306	18/01/15	Newcastle Swim Team New Year Graded Meet	Stanley	NE150266	3
200 Breaststroke	2:59.10	3:02.00	301	04/07/14	Alnwick Dolphins 2014 Club Championships	Alnwick	NE4686	4
50 Butterfly	30.15	30.80	375	21/09/14	Richmond Dales ASC Open Meet	Durham	NE4924	3
100 Butterfly	1:06.03	1:07.20	378	06/12/15	Derwentside Christmas Cracker	Stanley	NE150753	3
200 Butterfly	2:34.95	2:37.00	327	15/11/14	Borough Of Stockton Swim Scheme Meet	Billingham	NE14131	3
50 Backstroke	31.65	32.30	340	06/12/15	Derwentside Christmas Cracker	Stanley	NE150753	3
100 Backstroke	1:07.81	1:09.00	362	18/01/15	Newcastle Swim Team New Year Graded Meet	Stanley	NE150266	3
200 Backstroke	2:24.09	2:26.40	393	04/07/14	Alnwick Dolphins 2014 Club Championships	Alnwick	NE4686	4
200 Individual Medley	2:26.64	2:29.30	417	06/12/15	Derwentside Christmas Cracker	Stanley	NE150753	3
400 Individual Medley	5:14.35	5:19.90	416	17/01/15	Newcastle Swim Team New Year Graded Meet	Stanley	NE150266	3
100 Individual Medley	1:12.16	1:12.20	318	06/12/15	Derwentside Christmas Cracker	Stanley	NE150753	3