

Individual Best Times (All Time)

Ryan Dooley - (548410) - Epping Forest Dist SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.48	30.80	293	03/01/16	BWFSC New Year Meet 2016	London	LR160191	3
100 Freestyle	1:11.98	1:10.80	275	03/01/16	BWFSC New Year Meet 2016	London	LR160191	3
50 Breaststroke	42.36	41.60	229	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
100 Breaststroke	1:33.58	1:32.20	224	20/02/16	Essex Age Group Championships 2016	Basildon	ER160005	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.37	32.00	265	13/09/15	Epping Forest District SC 2015 Club Championships	Loughton	ER151113	4
100 Freestyle	1:08.97	1:10.20	274	28/11/15	Harlow Penguins 4th Winter Open Meet	Harlow	ER152073	3
200 Freestyle	2:30.13	2:32.40	289	08/11/15	Epping Forest District SC 2015 Club Championships	Loughton	ER151118	4
400 Freestyle	5:26.72	5:31.00	274	24/06/15	Epping Forest District 2015 Club Championships	Loughton	ER151111	4
1500 Freestyle	21:43.87	21:59.60	274	24/06/15	Epping Forest District 2015 Club Championships	Loughton	ER151111	4
50 Breaststroke	41.17	41.90	222	06/12/15	Epping Forest District Yuletide Gala 2015	Loughton	ER150889	3
100 Breaststroke	1:28.76	1:30.20	241	20/12/15	LBRSC Last Chance County Qualifying Meet 2015	Fullwell Cross	LR150757	3
200 Breaststroke	3:17.88	3:20.50	223	29/11/15	Epping Forest District SC	Loughton	ER151117	4
50 Butterfly	53.57	53.90	66	19/10/14	Epping Forest District Club Championships	Loughton	ER4562	4
100 Butterfly	1:44.88	1:45.60	94	08/11/15	Epping Forest District SC 2015 Club Championships	Loughton	ER151118	4
200 Butterfly	4:40.44	4:41.60	55	16/11/14	Epping Forest District Club Championships	Loughton	ER4562	4
50 Backstroke	38.08	38.60	195	13/12/15	Epping Forest District 2015 Club Championships	Loughton	ER151119	4
100 Backstroke	1:19.88	1:20.90	221	29/11/15	Epping Forest District SC	Loughton	ER151117	4
200 Backstroke	2:58.04	2:59.90	208	18/10/15	Epping Forest District SC 2015 Club Championships	Loughton	ER151115	4
400 Individual Medley	6:36.87	6:41.30	207	02/12/15	Epping Forest District Club Championships	Loughton	ER151121	4
100 Individual Medley	1:25.42	1:25.40	192	27/09/15	Epping Forest District Season Opener 2015	Loughton	ER150888	3