Individual Best Times (All Time)

Thomas Harrop - (547063) - Louth Dolphins SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.37	25.60	498	10/01/15	City of Derby Fourteenth LC Level 1 Open Meet	Sheffield	EM150072	1
100 Freestyle	57.88	56.40	530	11/01/15	City of Derby Fourteenth LC Level 1 Open Meet	Sheffield	EM150072	1
200 Freestyle	2:07.95	2:05.20	506	10/01/15	City of Derby Fourteenth LC Level 1 Open Meet	Sheffield	EM150072	1
50 Breaststroke	34.10	33.20	440	10/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3
100 Breaststroke	1:17.74	1:16.10	391	11/01/15	City of Derby Fourteenth LC Level 1 Open Meet	Sheffield	EM150072	1
200 Breaststroke	2:51.57	2:48.50	391	08/02/14	Derventio Excel February Festival	Sheffield	EM4028	1
50 Butterfly	29.50	28.90	430	11/01/15	City of Derby Fourteenth LC Level 1 Open Meet	Sheffield	EM150072	1
100 Butterfly	1:08.94	1:07.80	369	08/02/14	Derventio Excel February Festival	Sheffield	EM4028	1
50 Backstroke	32.45	31.80	382	11/01/15	City of Derby Fourteenth LC Level 1 Open Meet	Sheffield	EM150072	1
100 Backstroke	1:31.19	1:30.30	181	03/07/11	Borough of Barnsley SC Summer Sizzler	Sheffield	NE1374	3
200 Individual Medley	2:25.21	2:22.50	483	10/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3

Short Course

Stroke	SC Time	Converted to LC	SC WA	Date	Meet	Venue	License	Level
50 Freestyle	25.58	26.40	489	21/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150041	2
100 Freestyle	56.14	57.60	509	21/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150041	2
200 Freestyle	2:03.67	2:06.40	518	08/03/14	Lincolnshire 63rd Annual County Champs	Louth	CC4015	2
400 Freestyle	4:44.80	4:49.70	413	03/03/13	Lincolnshire County Championships	Louth	CC3002	2
50 Breaststroke	32.66	33.60	445	21/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150041	2
100 Breaststroke	1:15.36	1:17.00	394	08/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150040	2
200 Breaststroke	2:49.39	2:52.50	356	07/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150040	2
50 Butterfly	28.77	29.40	432	08/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150040	2
100 Butterfly	1:06.09	1:07.20	377	23/11/14	Louth Club Championships	Louth	EM14588	4
50 Backstroke	31.09	31.70	359	07/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150040	2
100 Backstroke	1:07.10	1:08.30	373	21/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150041	2
200 Backstroke	2:53.24	2:55.20	226	04/03/12	Lincolnshire County Championships	Louth	CC2036	2
200 Individual Medley	2:21.08	2:23.80	469	08/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150040	2
100 Individual Medley	1:05.55	1:05.60	424	22/03/14	63rd Annual Lincolnshire County Champs	Louth	CC4016	2

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