

Individual Best Times (All Time)

Matthew McColgan - (546962) - Milngavie & Bearsden

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.93	26.10	468	30/05/15	East District Open with SASA Grand Prix	Edinburgh	SCO984	1
100 Freestyle	59.52	58.10	487	07/03/15	SASA West District SAG Championship	East Kilbride	SCO949	1
50 Breaststroke	37.54	36.70	330	09/05/15	SASA West District Championships	East Kilbride	SCO975	1
100 Breaststroke	1:22.80	1:21.30	324	10/05/15	SASA West District Championships	East Kilbride	SCO975	1
50 Butterfly	28.85	28.20	459	01/04/15	Scottish National Age Group Championships	Aberdeen	SCO959	1
100 Butterfly	1:04.24	1:03.00	456	02/04/15	Scottish National Age Group Championships	Aberdeen	SCO959	1
200 Butterfly	3:10.25	3:08.60	195	08/02/14	2014 SASA West District LC JAG Champs	East Kilbride	SCO808	1
50 Backstroke	33.15	32.50	358	10/05/15	SASA West District Championships	East Kilbride	SCO975	1
200 Individual Medley	2:36.20	2:33.70	388	31/01/15	Brodies Scottish Schools Championships	Aberdeen	SCO938	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.95	26.70	468	30/08/15	SASA West District SR Championships	Ayr	SCO1012	1
100 Freestyle	55.67	57.10	522	15/11/15	SASA North District Grand Prix 2015	Inverness	SCO1042	1
50 Breaststroke	35.28	36.20	353	26/04/15	Dumfries Spring Splash Graded Meet	Dumfries	SCO976	2
100 Breaststroke	1:15.14	1:16.80	398	13/06/15	Open Age Group and Senior Meet 2015	Glasgow	SCO1002	2
200 Breaststroke	3:37.08	3:39.50	169	21/04/12	FIRST Open Meet	Dunfermline	SCO609	2
50 Butterfly	28.04	28.70	466	13/02/16	Sharks Open Meet	Bellshill	SCO1082	1
100 Butterfly	1:03.02	1:04.20	435	14/11/15	SASA North District Grand Prix 2015	Inverness	SCO1042	1
200 Butterfly	2:55.83	2:57.60	224	16/02/14	Belshill Sharks Open Meet 2014	Belshill	SCO811	2
50 Backstroke	30.74	31.40	372	14/06/15	Open Age Group and Senior Meet 2015	Glasgow	SCO1002	2
100 Backstroke	1:08.72	1:09.90	347	14/06/15	Open Age Group and Senior Meet 2015	Glasgow	SCO1002	2
200 Individual Medley	2:27.43	2:30.10	411	29/03/15	Falkirk Extended Mini Meet	Grangemouth	SCO961	2
100 Individual Medley	1:06.13	1:06.10	413	29/08/15	SASA West District SR Championships	Ayr	SCO1012	1