

# Individual Best Times (All Time)

Jerome Greig - (546772) - Alton & District Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.71	26.90	429	12/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
100 Freestyle	1:03.27	1:01.90	406	14/03/15	Hampshire County ASA Championships	Portsmouth	CC150878	1
200 Freestyle	2:22.72	2:20.30	365	13/01/13	Rushmoor Royals 7th New Year Open Meet	Aldershot	SE3070	3
400 Freestyle	4:55.14	4:50.30	414	06/02/16	Hampshire County Swimming Championships 2016	Portsmouth	SE160577	1
1500 Freestyle	19:31.35	19:13.60	411	13/04/13	Bracknell Distance Meet 2013	Aldershot	SE3134	1
50 Breaststroke	35.16	34.30	402	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
100 Breaststroke	1:20.27	1:18.70	355	12/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
200 Breaststroke	2:57.31	2:54.30	354	06/02/16	Hampshire County Swimming Championships 2016	Portsmouth	SE160577	1
50 Butterfly	31.13	30.50	366	06/02/16	Hampshire County Swimming Championships 2016	Portsmouth	SE160577	1
200 Individual Medley	2:48.17	2:45.80	311	13/01/13	Rushmoor Royals 7th New Year Open Meet	Aldershot	SE3070	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.41	27.20	444	15/10/16	Rushmoor Royals Autumn Open Meet 2016	Aldershot	SE161499	2
100 Freestyle	1:00.42	1:01.80	408	05/12/15	Alton & District Autumn Club Championships	Alton	SE151450	4
200 Freestyle	2:10.57	2:13.20	440	25/06/16	Alton District Club Championships	Alton	SE161429	4
400 Freestyle	4:42.98	4:47.90	421	29/11/15	Swim Bournemouth Winter Short Course L2 Meet	Littledown	SW152066	2
1500 Freestyle	18:28.81	18:47.30	445	17/11/15	Farnham Club Championships 2015	Farnham	SE152085	4
50 Breaststroke	35.75	36.60	339	17/09/16	Alton District Club Championships	Alton	SE161431	4
100 Breaststroke	1:16.15	1:17.80	382	10/12/16	NASLS - Round 3	Guildford	SE162558	3
200 Breaststroke	2:54.04	2:57.00	329	13/06/15	Swim Out of Your Skin Open Meet	Waterlooville	SE151195	3
50 Butterfly	31.27	31.90	336	17/10/15	Alton & District SC Autumn Club Championships	Alton	SE151446	4
100 Butterfly	1:15.06	1:16.10	257	13/06/15	Swim Out of Your Skin Open Meet	Waterlooville	SE151195	3
200 Butterfly	3:03.41	3:05.10	197	02/11/13	Farnham Club Championships	Farnham	SE3843	4
50 Backstroke	33.63	34.20	284	10/09/16	Alton District Club Championships	Alton	SE161430	4
100 Backstroke	1:14.91	1:16.00	268	03/10/15	Alton & District Autumn Club Championships	Alton	SE151445	4
200 Backstroke	2:40.57	2:42.60	284	02/11/13	Farnham Club Championships	Farnham	SE3843	4
200 Individual Medley	2:32.81	2:35.40	369	25/06/16	Alton District Club Championships	Alton	SE161429	4
400 Individual Medley	5:28.25	5:33.60	366	05/12/15	Alton & District Autumn Club Championships	Alton	SE151450	4
100 Individual Medley	1:11.51	1:11.50	327	10/09/16	Alton District Club Championships	Alton	SE161430	4