

# Individual Best Times (All Time)

Francesca Incerti - (542480) - Newark SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
200 Freestyle	2:44.26	2:42.10	324	18/07/15	Nottinghamshire ASA Summer Gala 2015	Nottingham	EM150974	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.32	33.90	325	20/11/16	Mansfield Major Oak Open Meet	Mansfield	EM161454	3
100 Freestyle	1:13.51	1:14.60	319	04/07/15	City of Derby B Grade 2015 Level 3 Open Meet	Derby	EM150461	3
200 Freestyle	2:44.24	2:46.30	302	22/11/15	Boston ASC Club 11th Open Meet	Grantham	EM151110	3
400 Freestyle	6:13.79	6:17.50	236	03/11/13	Long Eaton Distance Meet 2013	Derby	EM3462	3
50 Breaststroke	43.23	44.00	282	21/06/15	22nd Annual Open Meet	Sheffield	EM150628	3
100 Breaststroke	1:35.67	1:37.00	276	25/10/15	Retford Early Bird	Retford	EM151484	3
200 Breaststroke	3:25.62	3:28.20	280	22/11/15	Boston ASC Club 11th Open Meet	Grantham	EM151110	3
50 Butterfly	40.26	40.70	222	21/06/15	22nd Annual Open Meet	Sheffield	EM150628	3
100 Butterfly	1:35.70	1:36.50	180	04/07/15	City of Derby B Grade 2015 Level 3 Open Meet	Derby	EM150461	3
50 Backstroke	41.28	41.80	228	06/09/15	Falcon Open Sprint Meet	Hucknall	EM151056	3
100 Backstroke	1:27.45	1:28.40	247	02/07/16	City of Derby B Grade 2016 L3 Open Meet	Derby	EM160558	3
200 Backstroke	3:21.11	3:22.80	206	21/07/13	Nottinghamshire ASA Summer Gala 2013	Nottinghamshire	EM3563	3
200 Individual Medley	3:08.85	3:10.90	268	16/11/14	Mansfield Major Oak Open Meet	Mansfield	EM4999	3
400 Individual Medley	7:18.41	7:22.40	206	03/11/13	Long Eaton Distance Meet 2013	Derby	EM3462	3
100 Individual Medley	1:24.16	1:24.20	302	25/10/15	Retford Early Bird	Retford	EM151484	3