

Individual Best Times (All Time)

Alex Williams - (541909) - Godalming ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	44.60	44.10	103	20/01/08	Rushmoor Royals New Year	Aldershot	SE8060	3
50 Breaststroke	1:01.12	1:00.60	76	20/01/08	Rushmoor Royals New Year	Aldershot	SE8060	3
100 Breaststroke	2:02.94	2:01.90	99	17/01/09	Rushmoor Royals New Yr Mt	Aldershot	SE9021	3
50 Backstroke	55.15	54.80	77	21/10/07	Rushmoor Royals Autumn	Aldershot	SE7290	2

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.28	31.00	295	16/05/14	Godalming ASC Spring Sprints 2014	Godalming	SE4733	4
100 Freestyle	1:12.28	1:13.40	238	10/11/13	Godalming Club Championships	Godalming	SE3960	3
200 Freestyle	2:49.71	2:51.70	200	15/11/11	Godalming Club Championships	Godalming	SE1754	4
400 Freestyle	6:35.23	6:38.80	154	11/11/11	Godalming Club Championships	Godalming	SE1754	4
50 Breaststroke	42.25	43.00	205	09/05/14	Godalming ASC Spring Sprints 2014	Godalming	SE4732	4
100 Breaststroke	1:37.49	1:38.80	182	10/11/12	Godalming SC Club Championships	Godalming	SE2360	4
200 Breaststroke	3:52.62	3:54.90	137	11/11/09	Godalming Club Champs	Godalming	SE9778	4
50 Butterfly	33.78	34.30	266	16/05/14	Godalming ASC Spring Sprints 2014	Godalming	SE4733	4
100 Butterfly	1:27.53	1:28.40	162	12/11/12	Godalming SC Club Championships	Godalming	SE2360	4
200 Butterfly	4:01.54	4:02.80	86	13/11/09	Godalming Club Champs	Godalming	SE9778	4
50 Backstroke	38.00	38.50	196	09/05/14	Godalming ASC Spring Sprints 2014	Godalming	SE4732	4
100 Backstroke	1:28.23	1:29.10	164	09/11/12	Godalming SC Club Championships	Godalming	SE2360	4
200 Backstroke	3:17.23	3:18.90	153	20/12/09	Godalming Club Champs	Godalming	SE9779	4
200 Individual Medley	3:23.82	3:25.80	155	12/11/09	Godalming Club Champs	Godalming	SE9778	4
100 Individual Medley	1:19.39	1:19.40	239	11/11/13	Godalming 10% Discount Open Meet	Godalming	SE4286	3