

Individual Best Times (All Time)

Matthew Grant - (54189) - Gateshead & Whickham SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Butterfly	31.57	31.00	351	20/02/10	Northumberland & Durham	Sunderland	CC0092	1
100 Backstroke	1:17.26	1:16.20	297	20/02/10	Northumberland & Durham	Sunderland	CC0092	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.41	28.20	397	25/11/06	Gateshead & Whickham	Gateshead	NE6220	3
100 Freestyle	1:00.69	1:02.10	403	20/04/08	Chester le Street Open	Chester-le-Street	NE8157	1
200 Freestyle	2:18.39	2:20.90	370	07/07/07	Gateshead & Whick Summer	Gateshead	NE7246	3
400 Freestyle	5:01.52	5:06.10	348	17/01/09	Gateshead Whickham Graded	Gateshead	NE9132	3
100 Breaststroke	1:26.33	1:27.80	262	19/03/23	Gateshead & Whickham ASC NER Qualifier Meet 2023	Gateshead	NE230332	3
200 Breaststroke	2:58.05	3:01.00	307	07/07/07	Gateshead & Whick Summer	Gateshead	NE7246	3
50 Butterfly	30.03	30.70	379	25/11/06	Gateshead & Whickham	Gateshead	NE6220	3
100 Butterfly	1:12.30	1:13.30	288	19/10/08	Middlesbrough Aut Series	Middlesbrough	NE8500	3
200 Butterfly	2:59.19	3:00.90	212	25/09/10	Autumn Graded Series	Tynemouth	NE0531	3
50 Backstroke	33.63	34.20	284	09/07/06	Gateshead & Whickham Open	Felling Pool	NE6079	3
100 Backstroke	1:15.93	1:17.00	257	25/09/22	Gateshead & Whickham ASC Autumn Meet 2022	Dunston	NE221878	3
200 Backstroke	2:51.43	2:53.40	233	26/04/09	Harrogate A & B Grade	Harrogate	NE9037	2
200 Individual Medley	2:40.36	2:42.80	319	16/07/23	Gateshead & Whickham ASC Summer Meet 2023	Gateshead	NE231253	3
400 Individual Medley	5:49.59	5:54.60	303	14/07/23	Gateshead & Whickham ASC Summer Meet 2023	Gateshead	NE231253	3