

Individual Best Times (All Time)

Georgina Lawson - (540885) - Potters Bar SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.12	27.40	591	30/04/16	ASA East Region Long Course Championships	Norwich	ER160820	1
100 Freestyle	1:00.70	59.30	618	25/03/16	UEA City of Norwich Easter Long Course Meet	Norwich	ER160218	1
200 Freestyle	2:20.59	2:18.10	517	05/06/11	BG East Region Bagcat Championships	Norwich	ERX116	1
400 Freestyle	5:08.33	5:03.70	444	03/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	ERX201	1
50 Breaststroke	46.73	46.00	242	28/08/11	Worksop Dolphins 27th Dukeries Open Meet	Sheffield	EM1320	4
50 Butterfly	33.28	32.70	395	28/08/11	Worksop Dolphins 27th Dukeries Open Meet	Sheffield	EM1320	4
100 Butterfly	1:18.82	1:17.80	348	03/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	ERX201	1
50 Backstroke	32.01	31.40	590	16/07/14	Irish Age Group Championships & Summer Open	Dublin	GBR048	1
100 Backstroke	1:08.77	1:07.60	579	14/05/16	Team Luton May Long Course Meet	Luton	ER160180	1
200 Backstroke	2:54.22	2:52.30	353	08/05/11	Beckenham International Open Meet	London	LR1175	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.29	28.00	593	29/11/15	City of St Albans Invitational Meet	St Albans	ER151011	4
100 Freestyle	58.85	1:00.30	622	29/11/15	City of St Albans Invitational Meet	St Albans	ER151011	4
200 Freestyle	2:13.04	2:15.60	570	19/01/14	City of St Albans Club Championships Round 1	St Albans	ER4157	4
400 Freestyle	4:51.55	4:56.30	499	14/01/12	Watford County Qualifier Meet	Watford	ER2036	3
800 Freestyle	9:55.06	10:04.70	516	11/03/12	Hertfordshire County Championships	Hatfield	CC2103	2
50 Breaststroke	41.01	41.80	331	19/09/15	City of St Albans ASC September Sprint Meet	St Albans	ER151530	4
100 Breaststroke	1:33.78	1:35.10	294	30/06/12	Potters Bar Open Meet	Potters Bar	ER2352	3
50 Butterfly	31.43	32.00	466	15/12/11	Scottish Gas National Short Course Open	Inverness	SCO574	1
100 Butterfly	1:12.47	1:13.50	414	05/02/12	Hertsmere Flyers Last Chance County Qualif	Barnet	ER2131	4
50 Backstroke	30.41	31.10	572	07/11/15	ASA East Region Winter Championships 2015	Luton	ER151653	2
100 Backstroke	1:05.82	1:07.00	579	19/12/15	Hillingdon SC Winter Short Course Open Meet 2015	Uxbridge	LR152215	2
200 Backstroke	2:35.36	2:37.50	448	13/05/12	Barnett Coptall SC Kate Lack Trophy Gala	Barnet	LR2317	4
200 Individual Medley	2:40.43	2:42.90	438	17/03/12	Hertfordshire County Championships	Borehamwood	CC2104	2
100 Individual Medley	1:11.66	1:11.70	490	14/01/12	Watford County Qualifier Meet	Watford	ER2036	3