

Individual Best Times (All Time)

Sally Brandon - (539289) - Newcastle SwimTeam

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.24	27.50	584	03/08/17	Swim England National Summer Meet (50m)	Sheffield	ENG001	1
100 Freestyle	1:03.42	1:02.10	542	28/05/17	ASA North East Region Championships	Sunderland	NE170146	1
200 Freestyle	2:20.58	2:18.10	517	06/02/16	Northumberland & Durham County Champs	Sunderland	NE160071	1
50 Breaststroke	36.40	35.50	514	25/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	NE170190	1
100 Breaststroke	1:22.83	1:21.30	464	09/04/17	Richmond Dales April Fool Gala	Leeds	NE170269	1
200 Breaststroke	3:05.93	3:03.10	404	27/02/16	Northumberland & Durham County Champs	Sunderland	NE160072	1
50 Butterfly	31.05	30.40	487	26/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	NE170190	1
100 Butterfly	1:11.20	1:10.10	473	27/05/17	ASA North East Region Championships	Sunderland	NE170146	1
50 Backstroke	34.79	34.20	460	27/05/17	ASA North East Region Championships	Sunderland	NE170146	1
100 Backstroke	1:16.27	1:15.20	424	21/05/16	ASANER Regional Championships 2016	Sheffield	NE160066	1
200 Backstroke	3:10.22	3:08.50	271	23/02/14	Northumberland & Durham SA County Champs	Sunderland	CC4065	1
200 Individual Medley	2:37.98	2:35.50	508	28/05/17	ASA North East Region Championships	Sunderland	NE170146	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.72	28.50	566	06/11/16	ASA North East Region Age Group Championships	Sunderland	NE162069	2
100 Freestyle	1:02.21	1:03.50	527	20/11/16	Stockport Metro November Open Meet	Stockport	NW160710	2
200 Freestyle	2:18.65	2:21.10	503	08/10/16	City of Sunderland Short Course Qualifier	Sunderland	NE162066	2
400 Freestyle	5:04.89	5:09.50	436	11/10/15	Tynemouth ASC Autumn NER Qualifier	Tynemouth	NE151452	3
800 Freestyle	11:53.72	12:01.80	299	17/10/14	Tynemouth ASC Autumn Gala	Tynemouth	NE14444	3
50 Breaststroke	36.95	37.80	452	21/11/15	ASANER Regional Age Group Championships	Sunderland	NE151549	2
100 Breaststroke	1:21.06	1:22.60	455	08/10/16	City of Sunderland Short Course Qualifier	Sunderland	NE162066	2
200 Breaststroke	2:57.80	3:00.70	433	09/10/16	City of Sunderland Short Course Qualifier	Sunderland	NE162066	2
50 Butterfly	31.10	31.70	481	09/10/16	City of Sunderland Short Course Qualifier	Sunderland	NE162066	2
100 Butterfly	1:14.62	1:15.60	380	11/10/15	Tynemouth ASC Autumn NER Qualifier	Tynemouth	NE151452	3
50 Backstroke	34.50	35.10	392	05/11/16	ASA North East Region Age Group Championships	Sunderland	NE162069	2
100 Backstroke	1:14.48	1:15.60	400	12/12/15	Tynemouth Club Championships	Tynemouth	NE150822	4
200 Backstroke	2:45.23	2:47.20	373	25/10/15	Chester-Le-Street 40th Anniversary Junior Meet	Chester-Le-Street	NE151510	3
200 Individual Medley	2:35.93	2:38.40	477	06/11/16	ASA North East Region Age Group Championships	Sunderland	NE162069	2
400 Individual Medley	6:57.88	7:02.10	237	19/01/14	Newburn New Year Graded Meet	Stanley	NE4304	3
100 Individual Medley	1:09.95	1:10.00	527	05/11/16	ASA North East Region Age Group Championships	Sunderland	NE162069	2