

# Individual Best Times (All Time)

Sophie Bradley - (535875) - Amersham SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.32	33.70	325	18/12/10	Hillingdon Winter Meet	Hillingdon	LR0817	1
100 Freestyle	1:06.58	1:05.30	468	18/05/13	Rotherham Metro Level 1 Open Meet	Sheffield	NE3049	1
200 Freestyle	2:23.14	2:20.70	490	19/05/13	Rotherham Metro Level 1 Open Meet	Sheffield	NE3049	1
400 Freestyle	4:53.99	4:49.20	513	19/05/13	Rotherham Metro Level 1 Open Meet	Sheffield	NE3049	1
800 Freestyle	10:08.59	9:59.00	505	14/04/13	Crawley SC Spring Long Course Open Meet	Crawley	SE3140	1
50 Breaststroke	39.71	38.90	395	14/04/13	Crawley SC Spring Long Course Open Meet	Crawley	SE3140	1
100 Breaststroke	1:21.85	1:20.30	480	08/12/12	NASLS Regional Premier Division Final	Crawley	SE2786	1
200 Breaststroke	2:58.42	2:55.40	458	27/05/12	British Gas South East Region AG Champs	Crawley	SER216	1
50 Backstroke	44.80	44.30	215	15/05/10	Wycombe District Sprint Meet	High Wycombe	SE0369	3
100 Backstroke	1:16.34	1:15.30	423	18/05/13	Rotherham Metro Level 1 Open Meet	Sheffield	NE3049	1
200 Backstroke	2:39.21	2:37.10	462	14/04/13	Crawley SC Spring Long Course Open Meet	Crawley	SE3140	1
200 Individual Medley	2:44.96	2:42.50	446	08/02/14	Aquae Sulis Spring Grand Prix 2014	Bristol	SW4019	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.87	31.50	409	05/10/13	London Bo Redbridge Early County & Regional	Ilford	LR3176	3
100 Freestyle	1:06.55	1:07.80	430	25/01/15	Biggleswade 16th Open Meet	Biggleswade	ER150191	3
200 Freestyle	2:20.70	2:23.10	481	08/03/14	Berkshire & South Buckinghamshire Champs	Maidenhead	CC4021	2
400 Freestyle	4:53.17	4:57.90	491	23/03/13	Berkshire & South Buckinghamshire County	Maidenhead	CC3038	2
800 Freestyle	9:50.05	9:59.80	529	23/12/12	Amersham SC Club Championships	Amersham	SE2669	4
50 Breaststroke	38.20	39.00	409	17/03/12	Berkshire & Sth Bucks County Championships	Maidenhead	CC2048	2
100 Breaststroke	1:21.44	1:23.00	448	24/11/12	Hatfield UKC Winter Wonderland Meet	Hatfield	ER2821	2
200 Breaststroke	2:52.39	2:55.40	475	12/05/12	Hatfield SC UK Challenge	Hatfield	ER2331	2
50 Butterfly	36.78	37.30	291	22/09/13	Amersham Club Champs 2013 14 Season	Amersham	SE3897	4
100 Butterfly	1:24.01	1:24.90	266	02/02/13	Hatfield SC UKC Valentines Meet	Hertfordshire	ER3225	3
50 Backstroke	36.88	37.40	320	22/09/13	Amersham Club Champs 2013 14 Season	Amersham	SE3897	4
100 Backstroke	1:13.56	1:14.60	415	10/03/13	Berkshire & South Buckinghamshire CC	Maidenhead	CC3036	2
200 Backstroke	2:34.24	2:36.40	458	09/03/14	Berkshire & South Buckinghamshire Champs	Maidenhead	CC4021	2
200 Individual Medley	2:38.53	2:41.00	454	08/03/14	Berkshire & South Buckinghamshire Champs	Maidenhead	CC4021	2
100 Individual Medley	1:16.53	1:16.50	402	05/10/13	London Bo Redbridge Early County & Regional	Ilford	LR3176	3