

Individual Best Times (All Time)

Jack Carr - (53425) - Borough of Harrow S C

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:04.05	1:02.70	391	04/08/11	Welsh Summer Nationals	Swansea	WAL375	1
200 Freestyle	2:21.65	2:19.20	373	02/08/11	Welsh Summer Nationals	Swansea	WAL375	1
400 Freestyle	5:01.22	4:56.50	389	03/08/11	Welsh Summer Nationals	Swansea	WAL375	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.44	29.20	356	25/11/14	Bo Harrow County Time Trials	Northwood	LR14672	4
100 Freestyle	1:01.30	1:02.60	391	28/09/14	Borough of Harrow Club Championships	Barnet	LR14230	4
200 Freestyle	2:16.96	2:19.50	381	28/09/14	Borough of Harrow Club Championships	Barnet	LR14230	4
400 Freestyle	4:53.58	4:58.30	377	24/09/11	Borough of Harrow Club Championships	Harrow	LR1383	4
1500 Freestyle	19:11.38	19:29.20	397	04/10/14	Borough of Harrow Club Championships	Barnet	LR14231	4
50 Breaststroke	39.64	40.40	249	27/09/14	Borough of Harrow Club Championships	Barnet	LR14230	4
100 Breaststroke	1:25.47	1:26.90	270	03/11/13	The Borough of Harrow Club Championships	Barnet	LR3804	4
200 Breaststroke	3:06.85	3:09.70	265	25/09/11	Borough of Harrow Club Championships	Harrow	LR1383	4
50 Butterfly	33.03	33.60	285	27/09/14	Borough of Harrow Club Championships	Barnet	LR14230	4
100 Butterfly	1:16.85	1:17.80	240	24/09/11	Borough of Harrow Club Championships	Harrow	LR1383	4
200 Butterfly	3:16.70	3:18.30	160	02/11/13	The Borough of Harrow Club Championships	Barnet	LR3804	4
50 Backstroke	34.76	35.30	257	27/09/14	Borough of Harrow Club Championships	Barnet	LR14230	4
100 Backstroke	1:14.62	1:15.70	271	17/04/12	Middlesex County ASA Spring Development	Enfield	LR2233	4
200 Backstroke	2:45.88	2:47.90	258	03/11/13	The Borough of Harrow Club Championships	Barnet	LR3804	4
200 Individual Medley	2:40.51	2:43.00	318	27/09/14	Borough of Harrow Club Championships	Barnet	LR14230	4
400 Individual Medley	5:38.68	5:43.80	333	03/11/13	The Borough of Harrow Club Championships	Barnet	LR3804	4
100 Individual Medley	1:14.35	1:14.30	291	28/09/14	Borough of Harrow Club Championships	Barnet	LR14230	4