

Individual Best Times (All Time)

Joshua Taylor - (533875) - Caerphilly County Swim Squad

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|---------|-----------------|-----------|----------|----------------------------------|-----------|----------|-------|
| 50 Freestyle | 26.93 | 26.10 | 468 | 28/05/16 | City of Cardiff Open Meet | Cardiff | WL160446 | 1 |
| 100 Freestyle | 58.59 | 57.10 | 511 | 24/10/15 | Frome Autumn Open Meet | Millfield | SW150869 | 3 |
| 200 Freestyle | 2:08.80 | 2:06.10 | 496 | 24/10/15 | Frome Autumn Open Meet | Millfield | SW150869 | 3 |
| 400 Freestyle | 4:44.94 | 4:40.00 | 460 | 07/08/14 | Swim Wales Summer Nationals 2014 | Swansea | WAL585 | 1 |
| 50 Breaststroke | 36.31 | 35.40 | 365 | 27/05/16 | City of Cardiff Open Meet | Cardiff | WL160446 | 1 |
| 100 Breaststroke | 1:25.89 | 1:24.40 | 290 | 23/03/14 | Tiger Bay Open Meet 2014 | Cardiff | WAL555 | 3 |
| 200 Breaststroke | 3:09.25 | 3:06.40 | 291 | 22/03/14 | Tiger Bay Open Meet 2014 | Cardiff | WAL555 | 3 |
| 50 Butterfly | 29.41 | 28.80 | 434 | 27/05/16 | City of Cardiff Open Meet | Cardiff | WL160446 | 1 |
| 100 Butterfly | 1:05.04 | 1:03.90 | 439 | 25/10/15 | Frome Autumn Open Meet | Millfield | SW150869 | 3 |
| 200 Butterfly | 2:27.41 | 2:25.30 | 419 | 25/07/15 | Swim Wales Summer Open Meet | Swansea | WL150507 | 1 |
| 50 Backstroke | 32.89 | 32.30 | 367 | 24/10/15 | Frome Autumn Open Meet | Millfield | SW150869 | 3 |
| 100 Backstroke | 1:12.75 | 1:11.60 | 356 | 25/07/15 | Swim Wales Summer Open Meet | Swansea | WL150507 | 1 |
| 200 Backstroke | 2:47.36 | 2:45.40 | 299 | 22/03/14 | Tiger Bay Open Meet 2014 | Cardiff | WAL555 | 3 |
| 200 Individual Medley | 2:31.53 | 2:28.90 | 425 | 24/07/15 | Swim Wales Summer Open Meet | Swansea | WL150507 | 1 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|----------|-----------------|-----------|----------|--|------------|----------|-------|
| 50 Freestyle | 25.77 | 26.60 | 478 | 18/12/15 | Swim Wales National Short Course Championships | Swansea | WL152205 | 2 |
| 100 Freestyle | 57.79 | 59.20 | 467 | 20/12/15 | Swim Wales National Short Course Championships | Swansea | WL152205 | 2 |
| 200 Freestyle | 2:13.92 | 2:16.50 | 408 | 03/05/15 | City of Newport Spring Open Meet | Newport | WL150865 | 2 |
| 400 Freestyle | 4:37.00 | 4:42.00 | 449 | 03/05/14 | City of Newport Spring Open Meet | Newport | WAL565 | 2 |
| 800 Freestyle | 10:42.94 | 10:51.90 | 328 | 14/09/13 | Caerphilly Club Championships | Caerphilly | WAL513 | 4 |
| 1500 Freestyle | 18:27.83 | 18:46.30 | 446 | 12/09/14 | Caerphilly Club Championships | Caerphilly | WAL588 | 4 |
| 50 Breaststroke | 34.35 | 35.30 | 383 | 13/12/15 | City of Newport Christmas Cracker | Newport | WL152216 | 3 |
| 100 Breaststroke | 1:19.08 | 1:20.70 | 341 | 18/10/15 | Greater Gwent Fast Water Open Meet 2015 | Newport | WL150611 | 2 |
| 200 Breaststroke | 2:57.89 | 3:00.80 | 308 | 13/09/14 | Caerphilly Club Championships | Caerphilly | WAL588 | 4 |
| 50 Butterfly | 28.51 | 29.20 | 444 | 18/12/15 | Swim Wales National Short Course Championships | Swansea | WL152205 | 2 |
| 100 Butterfly | 1:04.94 | 1:06.10 | 398 | 13/09/15 | Caerphilly County Squad Club Championships | Caerphilly | WL151589 | 3 |
| 200 Butterfly | 2:32.73 | 2:34.80 | 342 | 11/09/15 | Caerphilly County Squad Club Championships | Caerphilly | WL151589 | 3 |
| 50 Backstroke | 31.98 | 32.60 | 330 | 13/12/15 | City of Newport Christmas Cracker | Newport | WL152216 | 3 |
| 100 Backstroke | 1:08.36 | 1:09.50 | 353 | 30/01/16 | Swim Wales South East Regional Championships | Newport | WL160028 | 2 |
| 200 Backstroke | 2:34.01 | 2:36.20 | 322 | 31/01/16 | Swim Wales South East Regional Championships | Newport | WL160028 | 2 |
| 200 Individual Medley | 2:29.82 | 2:32.40 | 391 | 13/12/15 | City of Newport Christmas Cracker | Newport | WL152216 | 3 |
| 100 Individual Medley | 1:39.95 | 1:40.00 | 119 | 13/12/09 | Newport Xmas Cracker | Newport | WAL271 | 3 |