

Individual Best Times (All Time)

Isabella Hindley - (533034) - Brompton SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.13	24.30	829	18/04/21	British Swimming Selection Trials 2021	London	BSW015	1
100 Freestyle	55.12	53.60	825	07/04/24	Speedo Aquatics GB Swimming Championships 2024	London	BSW026	1
200 Freestyle	2:05.66	2:02.90	724	03/05/15	London Region Summer Championships	Crystal Palace	LR150561	1
400 Freestyle	4:31.67	4:26.50	650	20/05/12	Rotherham Metro SC Long Course Open Meet	Sheffield	NE2027	1
800 Freestyle	9:17.03	9:06.60	659	16/03/14	Middlesex County Championships	Crystal Palace	CC4095	1
50 Breaststroke	35.70	34.80	544	20/11/11	Bath Grand Prix	Bath	SW1453	1
100 Breaststroke	1:25.70	1:24.20	419	17/04/10	Crawley Spring LC Open Meet	Crawley	SE0181	1
50 Butterfly	27.85	27.20	674	23/06/19	2019 Long Course Summer Open	London	LR191494	1
50 Backstroke	28.93	28.20	800	01/05/22	SE London Summer Championships 2022	Stratford	LR220486	1
100 Backstroke	1:02.02	1:00.70	789	06/04/22	British Championships 2022	Sheffield	BSW020	1
200 Backstroke	2:15.89	2:13.40	744	04/07/12	European Junior Championships	Antwerp, Belgium	INT266	1
200 Individual Medley	2:20.82	2:18.00	718	10/05/15	London Region Summer Championships	London	LR150562	1
400 Individual Medley	5:05.87	5:00.10	656	19/05/12	Rotherham Metro SC Long Course Open Meet	Sheffield	NE2027	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.11	25.00	860	04/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
100 Freestyle	52.58	54.10	872	30/09/21	2021 ISL Series	Naples, Italy	INT391	2
200 Freestyle	2:00.61	2:03.40	765	06/12/14	London Region Winter Championships	London	LRX425	2
400 Freestyle	4:19.85	4:25.20	705	19/01/15	Middlesex County Championships 2015	Hendon	CC150222	2
800 Freestyle	9:26.90	9:37.00	597	19/02/11	Middlesex County Championships	Enfield	CC1102	2
50 Breaststroke	35.18	36.10	524	05/02/12	City of Southampton Open Meet	Southampton	SE2010	2
100 Breaststroke	1:14.50	1:16.20	586	17/03/12	Middlesex County Championships	Enfield	CC2083	2
200 Breaststroke	2:51.58	2:54.60	482	13/03/11	Middlesex County Championships	Enfield	CC1104	2
50 Butterfly	28.10	28.80	653	16/06/19	Brompton Summer Club Championship Meet	Virgin Active Fulham	LR191974	4
100 Butterfly	1:04.14	1:05.30	598	10/02/13	City of Southampton Open Meet	Southampton	SE3005	2
50 Backstroke	27.15	27.90	804	07/12/19	Swim England National Winter Championships (25m)	Sheffield	ENG017	2
100 Backstroke	58.50	59.90	826	10/09/21	2021 ISL Series	Naples, Italy	INT391	2
200 Backstroke	2:14.29	2:16.70	694	01/12/12	ASA London Winter Championships 2012	London	LRX224	2
200 Individual Medley	2:14.26	2:17.20	747	13/12/14	NASL London Rounds Premier Division	Basildon	ER14054	2
400 Individual Medley	4:53.87	4:59.80	684	17/03/12	Middlesex County Championships	Enfield	CC2083	2
100 Individual Medley	1:00.34	1:00.30	821	24/09/21	2021 ISL Series	Naples, Italy	INT391	2