

# Individual Best Times (All Time)

Emily Tucker - (526340) - Romsey & Totton SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.69	29.00	502	03/02/18	Hampshire County Championships 2018	Mountbatten LC	SE180161	1
100 Freestyle	1:04.88	1:03.60	506	02/12/17	Rushmoor Royals Last Chance County Qualifier Meet	Aldershot	SE171586	3
200 Freestyle	2:20.54	2:18.00	517	03/02/18	Hampshire County Championships 2018	Mountbatten LC	SE180161	1
400 Freestyle	5:08.60	5:04.00	443	01/03/15	Hampshire County ASA Championships	Portsmouth	CC150864	1
800 Freestyle	12:59.64	12:52.20	240	15/01/12	Portsmouth Open Meet	Portsmouth	SE2106	1
50 Breaststroke	41.13	40.40	356	02/12/17	Rushmoor Royals Last Chance County Qualifier Meet	Aldershot	SE171586	3
50 Butterfly	31.63	31.00	460	04/02/18	Hampshire County Championships 2018	Mountbatten LC	SE180161	1
100 Butterfly	1:10.94	1:09.90	478	03/02/18	Hampshire County Championships 2018	Mountbatten LC	SE180161	1
50 Backstroke	34.16	33.60	486	03/02/18	Hampshire County Championships 2018	Mountbatten LC	SE180161	1
100 Backstroke	1:14.07	1:13.00	463	04/02/18	Hampshire County Championships 2018	Mountbatten LC	SE180161	1
200 Backstroke	2:45.50	2:43.50	411	02/12/17	Rushmoor Royals Last Chance County Qualifier Meet	Aldershot	SE171586	3
200 Individual Medley	2:48.12	2:45.80	422	06/02/16	Hampshire County Swimming Championships 2016	Portsmouth	SE160577	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.49	29.20	521	30/09/17	17th James Moreno Open Meet	Southampton	SE171157	2
100 Freestyle	1:02.89	1:04.20	510	19/12/17	Basingstoke Bluefins Last Chance County Qualifier	Basingstoke	SE172232	3
200 Freestyle	2:17.84	2:20.30	512	10/12/17	COSSC 8th Christmas Open Meet	Southampton	SE171158	3
400 Freestyle	4:52.15	4:56.90	496	29/09/18	18th James Moreno Open Meet	Southampton	SE180950	2
50 Breaststroke	39.53	40.30	369	17/11/17	Eastleigh 2017 Closed Club Championships	Totton	SE172596	4
100 Breaststroke	1:29.18	1:30.60	341	08/10/16	NASL South	Southampton	SE162305	3
200 Breaststroke	3:22.74	3:25.30	292	30/06/13	Fareham Nomads Open Meet	Waterlooville	SE3474	3
50 Butterfly	31.61	32.20	458	30/09/17	17th James Moreno Open Meet	Southampton	SE171157	2
100 Butterfly	1:10.55	1:11.60	449	30/09/17	17th James Moreno Open Meet	Southampton	SE171157	2
200 Butterfly	2:49.66	2:51.50	350	28/09/14	Littlehampton Development Chaser Open Meet	Bognor Regis	SE4930	3
50 Backstroke	33.06	33.70	445	10/12/17	COSSC 8th Christmas Open Meet	Southampton	SE171158	3
100 Backstroke	1:12.03	1:13.10	442	10/12/17	COSSC 8th Christmas Open Meet	Southampton	SE171158	3
200 Backstroke	2:42.30	2:44.30	393	17/10/15	Rushmoor Royals SC 12th Autumn Open Meet	Aldershot	SE151337	2
200 Individual Medley	2:43.04	2:45.40	417	13/12/14	NASLS 2014 Round Three	Portsmouth	LR14705	3
100 Individual Medley	1:15.61	1:15.60	417	05/06/16	Salisbury Stingrays Open Level 3 Meet	Salisbury	SW160803	3