

Individual Best Times (All Time)

Melissa Murdoch - (525247) - Mount Kelly Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.25	29.60	475	13/07/14	The Plymouth Summer Level 3 Long Course Meet	Plymouth	SW4772	3
100 Freestyle	1:06.07	1:04.80	479	04/04/15	Portsmouth Northsea Easter Festival L1 Meet	Portsmouth	SE150138	1
200 Freestyle	2:22.83	2:20.40	493	17/11/13	City of Cardiff Capital Open Meet	Cardiff	WAL532	1
400 Freestyle	4:49.46	4:44.60	537	03/05/14	BG ASA SWR Youth Championships 2014	Plymouth	SWR403	1
800 Freestyle	10:04.46	9:54.80	515	08/02/14	Devon County ASA Long Distance Champs	Plymouth	CC4027	1
50 Breaststroke	41.43	40.70	348	15/07/12	Plymouth Leander Non National Qualifier	Plymouth	SW2385	3
100 Breaststroke	1:31.10	1:29.70	348	19/06/11	British Gas SWR Age Group Championships	Millfield School	SWR103	1
200 Breaststroke	3:16.31	3:13.60	343	16/10/11	Swim Swansea Open Meet	Swansea	WAL383	1
50 Butterfly	32.47	31.90	425	03/04/15	Portsmouth Northsea Easter Festival L1 Meet	Portsmouth	SE150138	1
100 Butterfly	1:11.98	1:10.90	457	04/05/14	BG ASA SWR Youth Championships 2014	Plymouth	SWR403	1
200 Butterfly	2:39.81	2:37.80	442	17/01/14	Geneva International Meet 2014	Geneva	GB4008	1
50 Backstroke	33.44	32.80	518	03/05/14	BG ASA SWR Youth Championships 2014	Plymouth	SWR403	1
100 Backstroke	1:11.23	1:10.10	521	04/05/14	BG ASA SWR Youth Championships 2014	Plymouth	SWR403	1
200 Backstroke	2:31.19	2:29.00	540	04/05/14	BG ASA SWR Youth Championships 2014	Plymouth	SWR403	1
200 Individual Medley	2:37.65	2:35.10	512	16/11/13	City of Cardiff Capital Open Meet	Cardiff	WAL532	1
400 Individual Medley	5:33.54	5:28.20	506	05/05/14	BG ASA SWR Youth Championships 2014	Plymouth	SWR403	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.53	30.20	468	20/02/14	Devon County Championships	Plymouth	CC4030	2
100 Freestyle	1:03.40	1:04.70	497	15/02/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4028	2
200 Freestyle	2:17.43	2:19.90	517	01/03/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4029	2
400 Freestyle	4:45.28	4:50.20	532	16/02/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4028	2
800 Freestyle	10:07.84	10:17.30	484	08/10/12	City of Plymouth Annual Swim Meet 2012	Plymouth	SW2499	3
1500 Freestyle	24:23.78	24:37.90	238	21/11/09	Devon County Reverse Gala	Kingsbridge	CC0060	2
50 Breaststroke	37.91	38.70	419	01/03/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4029	2
100 Breaststroke	1:23.85	1:25.30	411	03/03/13	Devon County Championships	Plymouth	CC3015	2
200 Breaststroke	3:02.26	3:05.10	402	21/02/13	Devon County Championships	Plymouth	CC3016	2
50 Butterfly	31.91	32.50	445	04/10/15	Exeter City October Meet 2015	Plymouth	SW150472	2
100 Butterfly	1:09.20	1:10.30	476	19/02/14	Devon County Championships	Plymouth	CC4030	2
200 Butterfly	2:32.40	2:34.50	483	01/03/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4029	2
50 Backstroke	32.69	33.30	460	17/01/16	Devon County Championships & Age Groups 2016	Plymouth	SW160293	2
100 Backstroke	1:09.45	1:10.60	493	02/03/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4029	2
200 Backstroke	2:26.35	2:28.60	536	15/02/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4028	2
200 Individual Medley	2:32.84	2:35.40	506	02/03/14	Devon County ASA 2014 Age Group Champs	Plymouth	CC4029	2
400 Individual Medley	5:16.41	5:21.90	548	08/12/13	ASA SWR Short Course Championships	Millfield	SWR325	2
100 Individual Medley	1:12.54	1:12.50	472	20/02/13	Devon County Championships	Plymouth	CC3016	2