

# Individual Best Times (All Time)

Natalie French - (525171) - Bromley SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:09.16	1:07.90	417	05/06/11	BG London Region Bagcat Championships	London	LRX119	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.80	30.50	455	22/02/15	2015 Kent County Swimming Championships	Gillingham	CC150171	2
100 Freestyle	1:07.17	1:08.40	418	16/11/14	Bromley Club Championships	Croydon	LR4954	4
200 Freestyle	2:28.87	2:31.20	406	30/11/14	Bromley Club Championships	Croydon	LR4955	4
50 Breaststroke	41.00	41.80	331	05/01/14	Bromley Time Trials	Croydon	LR4252	4
100 Breaststroke	1:30.19	1:31.60	330	10/11/13	Bromley Club Championships	Bromley	LR3777	4
50 Butterfly	33.41	34.00	388	28/02/15	2015 Kent County Swimming Championships	Gillingham	CC150172	2
100 Butterfly	1:21.53	1:22.50	291	30/11/14	Bromley Club Championships	Croydon	LR4955	4
50 Backstroke	37.53	38.10	304	09/09/14	Bromley SC Club Championships 2014	Croydon	LR4951	4
100 Backstroke	1:20.11	1:21.10	321	13/04/13	The White Horse League 2013	Eltham	LR3380	3
200 Individual Medley	2:59.74	3:01.90	311	08/07/12	Bromley SC Club Championships 2012	Bromley	LR2554	4
100 Individual Medley	1:18.33	1:18.30	375	24/11/13	Bromley Club Championships	Bromley	LR3777	4