

# Individual Best Times (All Time)

Rhianna-Lee Pagan - (525089) - Bor of Waltham Forest (Gators)

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.90	31.20	405	17/07/16	BWFSC Summer Meet 2016	London	LR161026	3
100 Freestyle	1:07.66	1:06.40	446	20/02/16	Essex Age Group Championships 2016	Basildon	ER160005	1
200 Freestyle	2:28.11	2:25.70	442	24/01/16	Essex Age Group Championships 2016	Basildon	ER160002	1
400 Freestyle	5:17.72	5:13.30	406	11/04/15	Killerwhales Mid Qualifying Meet	Basildon	LR150206	1
800 Freestyle	10:37.00	10:27.90	440	09/04/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	SE160097	1
50 Breaststroke	42.66	41.90	319	17/07/16	BWFSC Summer Meet 2016	London	LR161026	3
100 Breaststroke	1:36.55	1:35.20	293	16/11/14	Bexley Distance & Sprint Open Meet	Crystal Palace	LR4571	1
200 Breaststroke	3:30.73	3:28.20	278	27/09/15	BWFSC County Qualifier Meet 2015	London	LR151058	3
50 Butterfly	32.56	32.00	422	01/02/20	Essex Age Group Championships 2020	London	ER200176	1
100 Butterfly	1:21.04	1:20.10	320	16/11/14	Bexley Distance & Sprint Open Meet	Crystal Palace	LR4571	1
200 Butterfly	3:07.11	3:05.40	275	25/09/16	BWFSC County Qualifier Meet 2016	London	LR161616	3
50 Backstroke	35.84	35.30	420	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
100 Backstroke	1:14.54	1:13.50	454	23/01/16	Essex Age Group Championships 2016	Basildon	ER160005	1
200 Backstroke	2:37.56	2:35.40	477	21/02/16	Essex Age Group Championships 2016	Basildon	ER160005	1
200 Individual Medley	2:48.10	2:45.70	422	12/07/15	Rushmoor Royals Summer LC L3 Open Meet	Aldershot	SE151059	3
400 Individual Medley	6:03.49	5:58.60	391	11/04/15	Killerwhales Mid Qualifying Meet	Basildon	LR150206	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.39	31.10	429	19/11/22	BUCS Short Course 2022-23	Sheffield	NE222500	2
100 Freestyle	1:07.42	1:08.70	414	04/10/15	Cambridge L2 Regional & National SC Qualifier	Cambridge	ER150482	2
200 Freestyle	2:23.37	2:25.80	455	20/12/15	LBRSC Last Chance County Qualifying Meet 2015	Fullwell Cross	LR150757	3
400 Freestyle	4:58.57	5:03.20	464	16/04/16	Thurrock Essex & Regional Qualifier 2016	Thurrock	ER160045	3
800 Freestyle	11:14.55	11:23.10	354	07/12/12	Borough of Waltham Forest Winter Open Meet	Waltham	LR2178	3
50 Breaststroke	41.19	41.90	326	10/06/16	BWFSC Club Championships	London	LR161087	4
100 Breaststroke	1:31.15	1:32.50	320	02/10/16	LBRS Early Chance October Meet	Ilford	LR160961	3
200 Breaststroke	3:20.34	3:23.00	303	14/10/16	BWFSC Club Championships	London	LR161090	4
50 Butterfly	34.31	34.90	358	27/11/22	Bramcote SC Open 2022	Bramcote	EM221582	3
100 Butterfly	1:18.00	1:19.00	332	18/06/16	Harlow Penguins 5th Eric Shepherd Open Meet	Harlow	ER160521	3
200 Butterfly	2:53.00	2:54.80	330	16/04/16	Thurrock Essex & Regional Qualifier 2016	Thurrock	ER160045	3
50 Backstroke	34.74	35.30	383	04/10/15	Cambridge L2 Regional & National SC Qualifier	Cambridge	ER150482	2
100 Backstroke	1:13.01	1:14.10	424	26/03/16	LBRSC Last Chance Regional Meet 2016	Fullwell Cross	LR160131	3
200 Backstroke	2:33.60	2:35.80	464	20/12/15	LBRSC Last Chance County Qualifying Meet 2015	Fullwell Cross	LR150757	3
200 Individual Medley	2:40.78	2:43.20	435	18/06/16	Harlow Penguins 5th Eric Shepherd Open Meet	Harlow	ER160521	3
400 Individual Medley	5:45.24	5:50.30	421	26/03/16	LBRSC Last Chance Regional Meet 2016	Fullwell Cross	LR160131	3
100 Individual Medley	1:16.09	1:16.10	409	15/02/15	Essex County Age Group Championships 2015	Basildon	CC150045	2