

Individual Best Times (All Time)

Fallon Cooney - (522080) - Aquabears Of Rochdale SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.54	31.90	381	11/07/15	City of Manchester AST Summer Non Qualifier Meet	Manchester	NW150537	3
100 Freestyle	1:08.66	1:07.40	427	21/03/15	Lancashire County Age Groups & Championships	Manchester	CC150113	1
200 Freestyle	2:41.20	2:39.00	343	24/07/21	North West Summer Festival of Swimming	Manchester	NW210291	1
400 Freestyle	5:35.63	5:31.40	344	18/03/23	Citi Para Swimming World Series Great Britain	Sheffield	DIS134	1
50 Breaststroke	48.92	48.30	211	23/11/14	City of Sheffield Snow Frills Meet	Sheffield	NE4317	3
100 Breaststroke	2:05.08	2:04.10	134	12/12/21	British Swimming Para Winters 2021	Swansea	DIS128	1
50 Butterfly	40.69	40.20	216	14/01/23	City of Derby SC 19th LC Open Meet 2023	Sheffield	EM230061	1
100 Butterfly	1:42.29	1:41.50	159	16/04/22	City of Leeds SC National Qualifier 2022	John Charles AC	NE220061	1
50 Backstroke	42.23	41.80	257	17/05/14	City of Sunderland May Open 2014	Sunderland	NE4378	1
100 Backstroke	1:26.65	1:25.70	289	09/08/22	Swim England National Summer Meet 2022	Sheffield	ENG024	1
200 Backstroke	3:16.02	3:14.30	247	23/11/14	City of Sheffield Snow Frills Meet	Sheffield	NE4317	3
200 Individual Medley	3:18.80	3:16.80	255	11/12/21	British Swimming Para Winters 2021	Swansea	DIS128	1

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Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.72	32.40	377	03/05/15	Blackpool Rocks Level 3 Open Meet	Blackpool	NW150232	3
100 Freestyle	1:08.13	1:09.30	401	02/05/15	Blackpool Rocks Level 3 Open Meet	Blackpool	NW150232	3
200 Freestyle	2:31.35	2:33.60	387	03/05/15	Blackpool Rocks Level 3 Open Meet	Blackpool	NW150232	3
400 Freestyle	5:35.87	5:40.00	326	27/11/22	British Para Winter National Meet 2022	Glasgow	DIS133	2
800 Freestyle	11:41.55	11:49.80	315	29/11/14	Stafford Apex 2014 Long Distance Open Meet	Stafford	WM14334	3
50 Breaststroke	46.52	47.20	226	01/02/15	Greater Manchester Age Group Meet 2015	Wigan	NW150008	3
100 Breaststroke	1:41.42	1:42.70	232	03/05/15	Blackpool Rocks Level 3 Open Meet	Blackpool	NW150232	3
50 Butterfly	39.65	40.10	232	28/06/15	Aquabears of Rochdale Open Summer Meet	Wigan	NW150600	3
100 Butterfly	1:34.47	1:35.30	187	28/06/15	Aquabears of Rochdale Open Summer Meet	Wigan	NW150600	3
50 Backstroke	40.00	40.50	251	02/05/15	Blackpool Rocks Level 3 Open Meet	Blackpool	NW150232	3
100 Backstroke	1:26.09	1:27.00	259	11/01/15	Greater Manchester Age Group Meet 2015	Wigan	NW150007	3
200 Backstroke	3:02.28	3:04.10	277	01/02/15	Greater Manchester Age Group Meet 2015	Wigan	NW150008	3
200 Individual Medley	3:00.34	3:02.50	308	02/05/15	Blackpool Rocks Level 3 Open Meet	Blackpool	NW150232	3
100 Individual Medley	1:31.10	1:31.10	238	23/06/24	Ramsbottom Summer Splash Meet 2024	Bury	NW240913	3