

Individual Best Times (All Time)

Sophie Pedder - (521291) - Royston SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:07.00	1:05.70	459	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	ER170118	1
200 Freestyle	2:19.08	2:16.60	534	15/06/14	BG ASA East Region BAGCAT Championships 2014	Norwich	ERX413	1
400 Freestyle	4:55.08	4:50.30	507	08/06/14	BGASA East Region Championships 2014	Norwich	ERX412	1
800 Freestyle	9:57.22	9:47.50	534	08/03/14	Bedfordshire Age Group & County Champs	Luton	CC4032	1
50 Butterfly	41.69	41.20	201	14/04/12	Radford SC 30th Open Meet	Sheffield	EM2132	1
50 Backstroke	38.65	38.10	335	14/07/12	Northampton SC Summer Festival Meet 2012	Corby	EM2254	4
100 Backstroke	1:12.19	1:11.10	500	14/06/14	BG ASA East Region BAGCAT Championships 2014	Norwich	ERX413	1
200 Backstroke	2:31.61	2:29.40	535	08/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	ER4036	1
200 Individual Medley	2:43.74	2:41.30	456	09/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	ER4036	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.82	31.50	411	29/11/15	Hitchin County Qualifier Open Meet 2015	Borehamwood	ER150795	3
100 Freestyle	1:03.51	1:04.80	495	29/10/16	Flitwick Dolphins Open Meet 2016	Biggleswade	ER161067	3
200 Freestyle	2:17.34	2:19.80	518	27/04/14	Team Luton 2014 Short Course Open Meet	Luton	ER4085	3
400 Freestyle	4:45.44	4:50.30	532	27/04/14	Team Luton 2014 Short Course Open Meet	Luton	ER4085	3
800 Freestyle	9:49.18	9:58.90	532	27/04/14	Team Luton 2014 Short Course Open Meet	Luton	ER4085	3
50 Breaststroke	45.23	45.90	246	26/02/12	Bedfordshire County Championships	Biggleswade	CC2055	2
100 Breaststroke	1:26.60	1:28.00	373	23/03/14	Bedfordshire Age Group & County Champs	Luton	CC4033	2
200 Breaststroke	3:02.55	3:05.40	400	22/03/14	Bedfordshire Age Group & County Champs	Luton	CC4033	2
50 Butterfly	39.88	40.40	228	21/01/12	Biggleswade Open Meet	Biggleswade	ER2056	3
100 Butterfly	1:34.05	1:34.90	189	09/07/11	City of St Albans Club Championships	St Albans	ER1342	4
200 Butterfly	3:32.26	3:33.70	178	05/03/11	Hertfordshire County Championships	Borehamwood	CC1116	2
50 Backstroke	33.76	34.30	418	23/03/14	Bedfordshire Age Group & County Champs	Luton	CC4033	2
100 Backstroke	1:08.67	1:09.80	510	22/03/14	Bedfordshire Age Group & County Champs	Luton	CC4033	2
200 Backstroke	2:23.85	2:26.10	565	09/03/14	Bedfordshire Age Group & County Champs	Luton	CC4031	2
200 Individual Medley	2:37.39	2:39.90	464	23/03/14	Bedfordshire Age Group & County Champs	Luton	CC4033	2
400 Individual Medley	5:47.45	5:52.50	413	19/01/13	Biggleswade SC 14th Open meet	Biggleswade	ER3081	3
100 Individual Medley	1:14.43	1:14.40	437	09/03/14	Bedfordshire Age Group & County Champs	Luton	CC4031	2