

Individual Best Times (All Time)

Ella Veakins - (521131) - Cambridge University Swimming &

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.59	28.90	507	15/05/16	ASA SWR Summer Championships	Bristol	SW160536	1
100 Freestyle	1:03.51	1:02.20	539	28/02/16	Aquae Sulis Spring Grand Prix	Bristol	SW160100	1
200 Freestyle	2:15.27	2:12.70	580	15/05/16	ASA SWR Summer Championships	Millfield	SW160537	1
50 Breaststroke	37.94	37.10	454	24/04/16	Millfield & Taunton Super Series	Millfield	SW160152	1
100 Breaststroke	1:21.40	1:19.80	489	11/04/15	City of Bristol Level 1 April Meet	Bristol	SW150403	1
200 Breaststroke	2:54.32	2:51.30	491	24/04/16	Millfield & Taunton Super Series	Millfield	SW160152	1
50 Butterfly	30.22	29.60	528	15/05/16	ASA SWR Summer Championships	Millfield	SW160537	1
100 Butterfly	1:07.50	1:06.40	555	22/05/16	ASA SWR Summer Championships	Millfield	SW160537	1
200 Butterfly	2:30.10	2:28.00	534	14/05/16	ASA SWR Summer Championships	Bristol	SW160536	1
50 Backstroke	37.71	37.20	361	16/11/14	Aquae Sulis Grand Prix	Bristol	SW4483	1
200 Backstroke	2:59.81	2:57.90	321	09/02/13	Derwentio February Festival	Sheffield	EM3053	1
200 Individual Medley	2:36.49	2:33.90	523	27/02/16	Aquae Sulis Spring Grand Prix	Bristol	SW160100	1
400 Individual Medley	5:31.65	5:26.30	515	28/02/16	Aquae Sulis Spring Grand Prix	Bristol	SW160100	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.41	29.10	525	21/11/15	Aquae Sulis Grand Prix	Bristol	SW150917	2
100 Freestyle	1:02.43	1:03.80	521	22/11/15	Aquae Sulis Grand Prix	Bristol	SW150917	2
200 Freestyle	2:19.51	2:22.00	494	28/02/15	Wiltshire Youth Championships	Swindon	CC150351	2
50 Breaststroke	37.14	38.00	445	21/11/15	Aquae Sulis Grand Prix	Bristol	SW150917	2
100 Breaststroke	1:17.45	1:19.10	521	07/11/15	ASA South West Short Course Championships	Millfield	SW151638	2
200 Breaststroke	2:47.26	2:50.40	520	08/11/15	ASA South West Short Course Championships	Millfield	SW151638	2
50 Butterfly	30.12	30.70	530	20/12/15	City of Bristol Level 2 Open Meet	Hengrove Park	SW151969	2
100 Butterfly	1:07.76	1:08.90	507	16/07/16	Trowbridge Club Championships	Trowbridge	SW160896	4
200 Butterfly	2:36.94	2:38.90	442	19/07/15	Trowbridge Club Championships 2015	Trowbridge	SW150791	4
50 Backstroke	38.11	38.60	290	07/07/13	ASA South West Region Events Age Groups	Gloucester	SW3207	3
100 Backstroke	1:20.36	1:21.40	318	26/10/13	Trowbridge ASC Club Championships 2013	Trowbridge	SW3882	4
200 Backstroke	2:48.34	2:50.30	352	19/10/13	Great Gwent Fast Water Meet level 2	Newport	WAL524	2
200 Individual Medley	2:31.95	2:34.50	515	21/11/15	Aquae Sulis Grand Prix	Bristol	SW150917	2
400 Individual Medley	5:21.10	5:26.50	524	16/07/16	Trowbridge Club Championships	Trowbridge	SW160896	4
100 Individual Medley	1:13.35	1:13.30	457	19/07/15	Trowbridge Club Championships 2015	Trowbridge	SW150791	4