

# Individual Best Times (All Time)

James Merriman - (521109) - Rushden ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.10	26.30	459	08/02/15	Northamptonshire ASA 2015 County Championships	Corby	CC150458	1
100 Freestyle	1:00.62	59.20	461	07/02/15	Northamptonshire ASA 2015 County Championships	Corby	CC150458	1
200 Freestyle	2:15.85	2:13.30	423	16/03/14	2014 NASA County Championships	Corby	CC4104	1
50 Breaststroke	36.32	35.40	364	12/07/14	Northampton Summer Festival Open Meet	Corby	EM4053	3
100 Breaststroke	1:20.99	1:19.40	346	13/07/14	Northampton Summer Festival Open Meet	Corby	EM4053	3
200 Breaststroke	3:04.85	3:02.00	312	03/03/13	Northamptonshire County Championships	Corby	CC3072	1
50 Butterfly	29.04	28.40	450	06/02/16	Northamptonshire County Championships	Corby	EM160444	1
100 Butterfly	1:08.61	1:07.50	374	08/02/15	Northamptonshire ASA 2015 County Championships	Corby	CC150458	1
50 Backstroke	37.90	37.40	239	17/03/12	Northamptonshire County Championships	Corby	CC2086	1
100 Backstroke	1:20.98	1:20.00	258	17/02/13	Northants ASA 2013 County Championships	Corby	CC3071	1
200 Individual Medley	2:32.56	2:30.00	417	12/07/14	Northampton Summer Festival Open Meet	Corby	EM4053	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.39	28.10	398	22/11/14	P B Buster Gala	Wolverhampton	WM4723	3
100 Freestyle	1:01.18	1:02.50	393	23/11/14	P B Buster Gala	Wolverhampton	WM4723	3
50 Breaststroke	36.06	36.90	331	21/09/14	Northampton ASA 2014 Short Course Competition	Corby	EM14096	3
100 Breaststroke	1:19.85	1:21.40	331	05/10/13	Leicester Penguins Open Meet 2013	Braunstone	EM3358	3
50 Butterfly	29.57	30.20	397	21/09/14	Northampton ASA 2014 Short Course Competition	Corby	EM14096	3
50 Backstroke	33.88	34.50	277	29/09/13	2013 NASA Short Course Competition	Corby	EM3839	3
100 Backstroke	1:18.95	1:20.00	229	24/11/12	Northgate PB Buster Open Gala	Northgate	WM2491	3
200 Individual Medley	2:38.54	2:41.00	330	06/04/13	City of Peterborough Licensed Open	Peterborough	ER3015	2
100 Individual Medley	1:08.65	1:08.70	369	21/09/14	Northampton ASA 2014 Short Course Competition	Corby	EM14096	3