

Individual Best Times (All Time)

Megan Bond - (520891) - Staines Swimming Club

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.44	36.00	270	21/09/13	Staines SC Club Championships	Staines	SE3673	4
200 Freestyle	4:24.64	4:26.00	72	25/11/07	Staines Club Champs	Spelthorne	SE7380	4
50 Breaststroke	42.54	43.30	296	22/09/12	Staines Club Championship	Spelthorne	SE2521	4
100 Breaststroke	1:32.01	1:33.40	311	12/01/13	Staines SC Black Swan County Qualifier	Staines	SE3109	3
200 Breaststroke	3:23.44	3:26.00	289	20/01/13	Staines Club Championships	Staines	SE3017	4
50 Butterfly	39.50	40.00	235	13/07/13	Staines Black Swan Summer Meet	Elmbridge	SE3395	3
50 Backstroke	45.18	45.60	174	21/09/13	Staines SC Club Championships	Staines	SE3673	4
100 Individual Medley	1:30.16	1:30.20	246	24/09/12	Staines Club Championship	Spelthorne	SE2521	4