

# Individual Best Times (All Time)

Katie Mills - (519723) - Caradon SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.32	30.60	428	14/07/13	Plymouth Leander Non-National Qualifiers Meet	Plymouth	SW3469	3
100 Freestyle	1:07.80	1:06.60	443	14/07/13	Plymouth Leander Non-National Qualifiers Meet	Plymouth	SW3469	3
200 Freestyle	2:30.78	2:28.50	419	19/01/14	Exeter January Meet	Cardiff	WAL542	1
400 Freestyle	5:16.74	5:12.30	410	18/01/14	Exeter January Meet	Cardiff	WAL542	1
50 Butterfly	36.44	35.90	301	29/03/14	City of Sheffield SS Premier Open Meet	Sheffield	NE4316	1
50 Backstroke	36.31	35.80	404	18/01/14	Exeter January Meet	Cardiff	WAL542	1
100 Backstroke	1:15.94	1:14.90	430	19/01/14	Exeter January Meet	Cardiff	WAL542	1
200 Backstroke	2:42.69	2:40.60	433	19/01/14	Exeter January Meet	Cardiff	WAL542	1
200 Individual Medley	2:52.92	2:50.60	387	13/07/13	Plymouth Leander Non-National Qualifiers Meet	Plymouth	SW3469	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.80	31.50	412	12/05/13	Newquay Coromorants Open Meet	Bodmin	SW3288	3
100 Freestyle	1:08.32	1:09.50	397	06/10/12	City of Plymouth Annual Swim Meet 2012	Plymouth	SW2499	3
200 Freestyle	2:26.38	2:28.70	427	23/06/13	Devon County Development Gala 2013	Plymouth	SW3088	3
400 Freestyle	5:12.63	5:17.10	404	24/06/13	Devon County Development Gala 2013	Plymouth	SW3088	3
800 Freestyle	10:49.30	10:58.20	397	23/06/13	Devon County Development Gala 2013	Plymouth	SW3088	3
50 Breaststroke	49.82	50.50	184	06/11/10	Bodmin Dragons Open Meet	Bodmin	SW0614	3
100 Breaststroke	1:38.46	1:39.70	254	24/01/15	Swindon Dolphin Last Chance Open Meet	Swindon	SW150468	3
50 Butterfly	39.42	39.90	236	17/07/11	Plymouth Leander Non National Qualifiers O	Plymouth	SW1299	3
100 Butterfly	1:25.39	1:26.30	253	20/02/13	Devon County Championships	Plymouth	CC3016	2
50 Backstroke	34.85	35.40	380	09/03/14	CCASA Championships & Age Groups	Bodmin	CC4118	2
100 Backstroke	1:14.65	1:15.70	397	01/03/14	CCASA Champs & Age Groups Distance Comp	Penzance	CC4048	2
200 Backstroke	2:37.38	2:39.50	431	02/03/14	CCASA Champs & Age Groups Distance Comp	Bodmin	CC4049	2
200 Individual Medley	2:46.74	2:49.10	390	01/03/14	CCASA Champs & Age Groups Distance Comp	Penzance	CC4048	2
100 Individual Medley	1:18.20	1:18.20	377	08/03/14	CCASA Championships & Age Groups	Penzance	CC4117	2