

Individual Best Times (All Time)

Martha Duley - (519476) - Colchester SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.64	25.80	696	29/04/17	ASA East Long Course Championships	Luton	ER170219	1
100 Freestyle	56.98	55.50	747	24/07/18	British Summer Championships	Sheffield	BSW006	1
200 Freestyle	2:09.54	2:06.80	661	22/01/17	Essex Age Group Championships	London	ER170023	1
400 Freestyle	4:38.48	4:33.40	603	29/04/17	ASA East Long Course Championships	Luton	ER170219	1
800 Freestyle	9:32.43	9:22.30	607	14/04/17	UEA City of Norwich Easter LC Meet	Norwich	ER170310	1
50 Breaststroke	35.92	35.00	534	03/02/18	Essex Age Group Championships 2018	London	ER180155	1
100 Breaststroke	1:20.49	1:18.90	505	19/02/17	Essex Age Group Championships 2017	Basildon	ER170025	1
50 Butterfly	28.76	28.10	612	06/08/17	Swim England National Summer Meet (50m)	Sheffield	ENG001	1
100 Butterfly	1:05.95	1:04.80	595	21/01/18	Essex Age Group Championships 2018	Basildon	ER180154	1
50 Backstroke	29.57	28.90	749	28/07/18	British Summer Championships	Sheffield	BSW006	1
100 Backstroke	1:03.15	1:01.90	748	26/03/17	City of Sheffield Premier Meet	Sheffield	NE170248	1
200 Backstroke	2:18.53	2:16.10	702	09/04/17	Derwentio Excel 11th LC Open Meet	Sheffield	EM170259	1
200 Individual Medley	2:31.32	2:28.70	578	20/04/14	Basildon & Phoenix Easter Long Course Meet	Basildon	ER4044	1
400 Individual Medley	5:26.81	5:21.40	538	08/06/13	BGASA East Region Age Group Champs	Norwich	ERX313	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.58	27.40	642	06/11/16	East Swimming 2016 SC Championships	Luton	ER161979	2
100 Freestyle	57.41	58.80	670	28/06/18	Colchester 5th Midsummer Madness Open Meet	Colchester	ER180501	3
200 Freestyle	2:07.17	2:09.90	652	28/06/18	Colchester 5th Midsummer Madness Open Meet	Colchester	ER180501	3
400 Freestyle	4:29.17	4:34.30	634	22/07/18	BPSC End Of Season Meet 2018	Basildon	ER180215	3
800 Freestyle	9:09.36	9:19.80	656	03/12/16	BPSC 1500 800 County/Regional Qualifier 2016	Basildon	ER161506	3
1500 Freestyle	24:27.40	24:41.40	237	26/10/10	Colchester Club Champs	Colchester	ER0742	4
50 Breaststroke	35.19	36.10	523	21/10/18	Essex Senior Winter Champs 2018	Basildon	ER181237	2
100 Breaststroke	1:20.21	1:21.80	469	16/03/14	Essex County Championships	Basildon	CC4040	2
200 Breaststroke	2:56.34	2:59.30	444	29/03/14	Essex County Age Groups Championships	Basildon	CC4042	2
50 Butterfly	29.14	29.80	585	19/06/16	Colchester 3rd Midsummer Madness Meet 2016	Colchester	ER160522	3
100 Butterfly	1:07.58	1:08.70	511	15/02/14	Essex County Age Groups Championships	Basildon	CC4039	2
200 Butterfly	2:45.42	2:47.30	378	20/10/13	Colchester Club Championships	Colchester	ER3690	4
50 Backstroke	28.66	29.30	683	28/06/18	Colchester 5th Midsummer Madness Open Meet	Colchester	ER180501	3
100 Backstroke	1:02.00	1:03.30	693	28/06/18	Colchester 5th Midsummer Madness Open Meet	Colchester	ER180501	3
200 Backstroke	2:16.28	2:18.70	664	11/11/17	BUCS Short Course Swimming Championships	Sheffield	NE172398	2
200 Individual Medley	2:27.46	2:30.10	564	04/11/16	Colchester Club Championships 2016	Colchester	ER162137	4
400 Individual Medley	5:12.81	5:18.40	567	15/03/14	Essex County Championships	Basildon	CC4040	2
100 Individual Medley	1:05.90	1:05.90	630	18/06/17	4th Midsummer Madness Open Meet	Colchester	ER171100	3