

Individual Best Times (All Time)

George Borthwick - (515530) - Flitwick Dolphins SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.93	25.10	524	08/03/15	Bedfordshire ASA County Championships	Luton	CC150189	1
100 Freestyle	57.20	55.70	549	08/03/15	Bedfordshire ASA County Championships	Luton	CC150189	1
200 Freestyle	2:08.91	2:06.20	495	05/05/13	ASA East Region Youth Championships	Luton	ERX312	1
200 Breaststroke	4:03.50	4:01.30	136	12/07/08	C of Coventry Graded Open	Coventry	WM8123	3
50 Butterfly	27.47	26.80	532	07/03/15	Bedfordshire ASA County Championships	Luton	CC150189	1
100 Butterfly	1:02.71	1:01.50	490	22/03/15	Bedfordshire ASA County Championships	Luton	CC150190	1
200 Butterfly	3:01.32	2:59.60	225	10/07/10	Co Coventry Graham Sykes	Coventry	WM0203	3
50 Backstroke	31.12	30.50	433	03/05/14	ASA East Region Youth Championships	Luton	ERX406	1
100 Backstroke	1:07.56	1:06.40	445	03/05/14	ASA East Region Youth Championships	Luton	ERX406	1
200 Backstroke	2:29.59	2:27.30	418	05/05/13	ASA East Region Youth Championships	Luton	ERX312	1
200 Individual Medley	2:55.43	2:53.20	274	10/07/10	Co Coventry Graham Sykes	Coventry	WM0203	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.99	25.80	525	11/11/17	BUCS Short Course Swimming Championships	Sheffield	NE172398	2
100 Freestyle	55.94	57.40	515	22/11/14	Flitwick Dolphins Club Championships	Biggleswade	ER4801	4
200 Freestyle	2:05.19	2:07.90	500	27/04/13	Team Luton Spring Open Meet 2013	Luton	ER3042	3
400 Freestyle	4:30.78	4:35.90	481	24/11/12	Flitwick Dolphins Club Championships	Flitwick	ER2704	4
800 Freestyle	9:48.28	9:58.00	428	25/11/11	Flitwick Dolphins Club Championships	Biggleswade	ER1645	4
1500 Freestyle	18:03.24	18:22.10	477	16/11/12	Flitwick Dolphins Club Championships	Bedford	ER2698	4
50 Breaststroke	37.33	38.20	298	23/11/14	Flitwick Dolphins Club Championships	Flitwick	ER4802	4
100 Breaststroke	1:24.60	1:26.10	278	24/11/12	Flitwick Dolphins Club Championships	Flitwick	ER2704	4
200 Breaststroke	3:04.00	3:06.90	278	17/11/12	Flitwick Dolphins Club Championships	Flitwick	ER2704	4
50 Butterfly	27.09	27.80	517	13/11/16	BUCS Short Course Swimming Championships	Sheffield	NE162003	2
100 Butterfly	1:01.27	1:02.50	474	23/03/14	Bedfordshire Age Group & County Champs	Luton	CC4033	2
200 Butterfly	2:20.30	2:22.50	441	23/03/14	Bedfordshire Age Group & County Champs	Luton	CC4033	2
50 Backstroke	29.20	29.90	434	22/03/14	Bedfordshire Age Group & County Champs	Luton	CC4033	2
100 Backstroke	1:03.03	1:04.30	450	08/03/14	Bedfordshire Age Group & County Champs	Luton	CC4031	2
200 Backstroke	2:20.11	2:22.50	428	17/11/12	Flitwick Dolphins Club Championships	Flitwick	ER2704	4
200 Individual Medley	2:26.66	2:29.30	417	16/03/13	Bedfordshire County Championships	Luton	CC3024	2
400 Individual Medley	5:21.09	5:26.50	391	17/11/12	Flitwick Dolphins Club Championships	Flitwick	ER2704	4
100 Individual Medley	1:07.95	1:08.00	381	18/11/12	Flitwick Dolphins Club Championships	Flitwick	ER2705	4