

Individual Best Times (All Time)

Lewis Minett - (513511) - City of Swansea Aquatics Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.38	26.60	445	26/07/15	Swim Wales Summer Open Meet	Swansea	WL150507	1
100 Freestyle	59.47	58.00	489	04/04/15	Swim Wales Long Course Closed Championships	Swansea	WL150506	1
200 Freestyle	2:13.09	2:10.50	450	30/05/15	Cardiff International Open Meet 2015	Cardiff	WL150515	1
400 Freestyle	4:40.45	4:35.40	483	31/05/15	Cardiff International Open Meet 2015	Cardiff	WL150515	1
1500 Freestyle	19:19.08	19:01.10	424	07/06/14	Cardiff International Open Meet	Cardiff	WAL573	1
50 Breaststroke	43.30	42.60	215	21/09/13	City of Cardiff Club Championships	Cardiff	WAL514	4
100 Breaststroke	1:36.79	1:35.50	202	24/02/13	City of Cardiff Closed Invitational Meet	Cardiff	WAL478	4
200 Breaststroke	4:01.46	3:59.30	140	22/09/12	City of Cardiff SC Club Championships	Cardiff	WAL447	4
50 Butterfly	29.08	28.40	449	24/07/15	Swim Wales Summer Open Meet	Swansea	WL150507	1
100 Butterfly	1:07.61	1:06.50	391	03/04/15	Swim Wales Long Course Closed Championships	Swansea	WL150506	1
50 Backstroke	36.08	35.50	278	28/09/13	City of Cardiff Club Championships	Cardiff	WAL517	4
100 Backstroke	1:20.79	1:19.80	260	16/11/13	City of Cardiff Capital Open Meet	Cardiff	WAL532	1
200 Backstroke	3:00.09	2:58.20	240	23/03/13	City of Cardiff SC Tiger Bay Open Meet	Cardiff	WAL481	3
200 Individual Medley	2:37.86	2:35.30	376	31/05/15	Cardiff International Open Meet 2015	Cardiff	WL150515	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.60	27.40	435	22/12/14	British Gas Swim Wales Open Winter Championships	Swansea	WAL615	1
100 Freestyle	58.05	59.50	460	04/02/15	SWER Regional Championships	Newport	WL150526	2
200 Freestyle	2:24.19	2:26.60	327	05/02/13	South East Wales Regional Championships	Newport	WAL472	2
400 Freestyle	5:07.39	5:11.90	329	03/02/13	South East Wales Regional Championships	Newport	WAL471	2
1500 Freestyle	19:47.33	20:04.60	362	14/04/13	South East Region No Time Gala	Newport	WAL485	4
50 Butterfly	28.67	29.30	436	01/02/15	SWER Regional Championships	Newport	WL150525	2
100 Butterfly	1:04.60	1:05.80	404	03/02/15	SWER Regional Championships	Newport	WL150526	2
50 Backstroke	35.20	35.80	247	19/10/13	Great Gwent Fast Water Meet level 2	Newport	WAL524	2
200 Individual Medley	2:29.75	2:32.40	392	20/12/14	British Gas Swim Wales Open Winter Championships	Swansea	WAL615	1
100 Individual Medley	1:08.38	1:08.40	374	21/12/14	British Gas Swim Wales Open Winter Championships	Swansea	WAL615	1