

Individual Best Times (All Time)

Millicent Pope - (513138) - Newbury Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.29	31.60	390	20/11/11	Bath Grand Prix	Bath	SW1453	1
100 Freestyle	1:05.13	1:03.80	500	01/12/13	Portsmouth Northsea Cracker Meet	Portsmouth	SE3784	1
200 Freestyle	2:20.28	2:17.80	520	09/06/13	ASA South East Region Age Group Championships 2013	Crawley	SER304	1
400 Freestyle	4:54.87	4:50.10	508	31/05/14	ASA South East Region Age Group Championships	Crawley	SER418	1
800 Freestyle	10:16.33	10:06.90	486	15/03/14	Berks & South Bucks County Championships	Wycombe	CC4022	1
50 Breaststroke	54.76	54.20	150	13/02/10	Wycombe District Annual Meet	High Wycombe	SE0091	1
100 Breaststroke	1:36.00	1:34.70	298	21/04/12	Crawley SC Spring Long Course Meet	Crawley	SE2269	1
200 Breaststroke	3:24.78	3:22.20	303	21/04/12	Crawley SC Spring Long Course Meet	Crawley	SE2269	1
50 Butterfly	32.99	32.40	406	27/10/12	Rushmoor Royals SC 10th Autumn Open Meet	Aldershot	SE2588	1
100 Butterfly	1:07.94	1:06.80	544	31/05/14	ASA South East Region Age Group Championships	Crawley	SER418	1
200 Butterfly	2:28.17	2:26.00	555	26/07/13	BG ASA National Age Groups 2013	Sheffield	ASA127	1
50 Backstroke	40.04	39.50	301	02/07/11	Cardiff International Open Meet 2011	Cardiff	WAL371	1
100 Backstroke	1:16.05	1:15.00	428	01/12/13	Portsmouth Northsea Cracker Meet	Portsmouth	SE3784	1
200 Backstroke	2:39.27	2:37.20	462	01/12/13	Portsmouth Northsea Cracker Meet	Portsmouth	SE3784	1
200 Individual Medley	2:36.53	2:34.00	523	30/11/13	Portsmouth Northsea Cracker Meet	Portsmouth	SE3784	1
400 Individual Medley	5:37.05	5:31.80	490	15/06/14	ASA South East Region Age Group Championships	Crawley	SER419	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.34	31.00	431	09/03/14	Berkshire & South Buckinghamshire Champs	Maidenhead	CC4021	2
100 Freestyle	1:03.44	1:04.70	496	19/01/14	Windsor Level 2 Licenced Meet	Windsor	SE4120	2
200 Freestyle	2:18.19	2:20.70	508	08/03/14	Berkshire & South Buckinghamshire Champs	Maidenhead	CC4021	2
400 Freestyle	4:46.81	4:51.70	524	22/03/14	Berkshire & South Buckinghamshire County	Maidenhead	CC4023	2
800 Freestyle	9:57.91	10:07.50	509	08/12/13	Newbury Club Championships	Newbury	SE3898	4
50 Breaststroke	42.98	43.70	287	07/07/13	Newbury District Novice & Spring Champs	Newbury	SE3488	4
100 Breaststroke	1:25.90	1:27.40	382	18/01/14	Windsor Level 2 Licenced Meet	Windsor	SE4120	2
200 Breaststroke	3:07.31	3:10.10	370	05/10/13	Newbury Club Championships	Newbury	SE3898	4
50 Butterfly	31.58	32.20	460	08/03/14	Berkshire & South Buckinghamshire Champs	Maidenhead	CC4021	2
100 Butterfly	1:06.85	1:08.00	528	20/10/13	BG ASA National County Team Division 1	Sheffield	ASA130	2
200 Butterfly	2:27.13	2:29.30	537	19/01/14	Windsor Level 2 Licenced Meet	Windsor	SE4120	2
50 Backstroke	34.63	35.20	387	23/03/13	Berkshire & South Buckinghamshire County	Maidenhead	CC3038	2
100 Backstroke	1:12.21	1:13.30	439	09/03/14	Berkshire & South Buckinghamshire Champs	Maidenhead	CC4021	2
200 Backstroke	2:33.89	2:36.00	461	09/03/14	Berkshire & South Buckinghamshire Champs	Maidenhead	CC4021	2
200 Individual Medley	2:32.21	2:34.80	513	08/03/14	Berkshire & South Buckinghamshire Champs	Maidenhead	CC4021	2
400 Individual Medley	5:30.91	5:36.20	479	10/11/13	Newbury Club Championships	Newbury	SE3898	4
100 Individual Medley	1:12.88	1:12.90	466	22/03/14	Berkshire & South Buckinghamshire County	Maidenhead	CC4023	2