

Individual Best Times (All Time)

Ceri Williams - (512552) - Swim Conwy

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.95	32.30	367	25/06/11	City of Liverpool Summer Meet 2011	Liverpool	NW1026	1
100 Freestyle	1:11.68	1:10.50	375	21/01/12	British Gas Swim Wales New Year Meet 2012	Swansea	WAL407	1
200 Freestyle	2:35.39	2:33.10	383	22/01/12	British Gas Swim Wales New Year Meet 2012	Swansea	WAL407	1
800 Freestyle	11:12.84	11:04.20	374	21/01/12	British Gas Swim Wales New Year Meet 2012	Swansea	WAL407	1
50 Breaststroke	42.94	42.20	313	26/06/11	City of Liverpool Summer Meet 2011	Liverpool	NW1026	1
100 Breaststroke	1:33.44	1:32.10	323	25/06/11	City of Liverpool Summer Meet 2011	Liverpool	NW1026	1
50 Backstroke	37.87	37.30	356	06/10/12	32nd Robin Hood Open Meet	Sheffield	EM2256	1
100 Backstroke	1:23.17	1:22.20	327	07/10/12	32nd Robin Hood Open Meet	Sheffield	EM2256	1
200 Backstroke	2:55.08	2:53.20	347	06/04/12	Swim Wales Age, Youth & Senior Champs	Swansea	WAL423	1
200 Individual Medley	2:54.95	2:52.70	374	26/06/11	City of Liverpool Summer Meet 2011	Liverpool	NW1026	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.10	32.70	364	21/05/11	Conwyn Whitsun Meet	Llandudno	WAL363	1
100 Freestyle	1:09.24	1:10.40	382	04/02/12	Swim Wales North Regional Championships	Llandudno	WAL412	2
200 Freestyle	2:29.53	2:31.80	401	11/02/12	Swim Wales North Regional Championships	Llandudno	WAL413	2
400 Freestyle	5:21.44	5:25.80	372	27/05/12	Swim Conwy Whitsun Meet	Llandudno	WAL432	2
800 Freestyle	10:56.14	11:04.90	385	12/02/12	Swim Wales North Regional Championships	Llandudno	WAL413	2
50 Breaststroke	42.32	43.10	301	09/04/11	Bangor Diddy Gala	Bangor	WAL348	4
100 Breaststroke	1:31.51	1:32.90	316	23/10/10	Geoff Drew Memorial	Holywell	WAL319	3
200 Breaststroke	3:15.37	3:18.10	326	06/02/11	Swim Wales North 2011 Regional Champs	Llandudno	WAL342	2
50 Butterfly	37.39	37.90	277	09/04/11	Bangor Diddy Gala	Bangor	WAL348	4
100 Butterfly	1:32.71	1:33.50	198	23/10/10	Geoff Drew Memorial	Holywell	WAL319	3
50 Backstroke	36.77	37.30	323	20/10/12	Conwy Autumn Meet 2012	Llandudno	WAL457	2
100 Backstroke	1:18.38	1:19.40	343	11/02/12	Swim Wales North Regional Championships	Llandudno	WAL413	2
200 Backstroke	2:45.72	2:47.70	369	04/02/12	Swim Wales North Regional Championships	Llandudno	WAL412	2
200 Individual Medley	2:51.14	2:53.40	361	16/10/11	Conwyn Autumn Meet	Llandudno	WAL387	2
100 Individual Medley	1:19.03	1:19.00	365	02/07/11	Holywell Summer Sprint Meet	Holywell	WAL372	4