

# Individual Best Times (All Time)

Joan Clayton - (511271) - Team Jorvik

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.23	28.50	526	23/03/19	City of Sunderland National Qualifier 2019	Sunderland	NE190554	1
100 Freestyle	1:03.57	1:02.20	538	24/11/18	City of Coventry Winter Open Meet	Coventry	WM180936	3
200 Freestyle	2:24.41	2:22.00	477	05/01/19	City of Leeds New Year Meet 2019	Leeds	NE190132	3
400 Freestyle	5:10.09	5:05.50	437	25/11/18	City of Coventry Winter Open Meet	Coventry	WM180936	3
800 Freestyle	11:33.08	11:24.70	342	19/01/14	Co Leeds New Year Meet 2014	Leeds	NE4019	3
50 Breaststroke	41.45	40.70	348	23/02/19	Yorkshire County Championships	Sheffield	NE190129	1
100 Breaststroke	1:33.00	1:31.60	327	11/03/18	Jorvik Spring Festival 2018	Leeds	NE180441	3
50 Butterfly	34.27	33.70	362	06/01/19	City of Leeds New Year Meet 2019	Leeds	NE190132	3
100 Butterfly	1:23.06	1:22.10	298	11/03/18	Jorvik Spring Festival 2018	Leeds	NE180441	3
50 Backstroke	32.86	32.20	546	05/05/18	North East Region Championships	Sheffield	NE180150	1
100 Backstroke	1:12.15	1:11.00	501	23/03/19	City of Sunderland National Qualifier 2019	Sunderland	NE190554	1
200 Backstroke	2:33.79	2:31.60	513	06/01/19	City of Leeds New Year Meet 2019	Leeds	NE190132	3
200 Individual Medley	2:41.55	2:39.10	475	05/01/19	City of Leeds New Year Meet 2019	Leeds	NE190132	3
400 Individual Medley	5:45.69	5:40.60	454	06/01/19	City of Leeds New Year Meet 2019	Leeds	NE190132	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.34	29.10	529	06/07/19	Rotherham Metro 'A' and 'B' Grade SC Meet	Sheffield	NE190336	3
100 Freestyle	1:02.48	1:03.80	520	15/07/18	Rotherham Metro A & B Grade SC	Sheffield	NE180245	3
200 Freestyle	2:18.91	2:21.40	500	15/07/18	Rotherham Metro A & B Grade SC	Sheffield	NE180245	3
400 Freestyle	4:50.46	4:55.30	504	14/07/18	Rotherham Metro A & B Grade SC	Sheffield	NE180245	3
800 Freestyle	10:36.87	10:45.90	421	06/01/18	City of Leeds New Year Meet 2018	Leeds	NE180081	3
50 Breaststroke	39.38	40.20	373	21/10/18	Yorkshire Winter Competition	Sheffield	NE182206	2
100 Breaststroke	1:34.90	1:36.20	283	29/11/15	Doncaster Darts SC Sing-Along-With-Santa 2015	Beverley	NE151500	3
200 Breaststroke	3:13.02	3:15.70	338	17/09/17	York City Baths Autumn Swim Extravaganza 2017	Leeds	NE171822	3
50 Butterfly	33.85	34.40	373	16/06/18	Team Jorvik Viking Spring 2018	Leeds	NE180994	3
100 Butterfly	1:21.85	1:22.80	287	10/12/17	Middlesbrough Christmas 2017 Meet	The Neptune Centre	NE171230	3
200 Butterfly	3:22.74	3:24.30	205	16/09/17	York City Baths Autumn Swim Extravaganza 2017	Leeds	NE171822	3
50 Backstroke	32.65	33.30	462	15/07/18	Rotherham Metro A & B Grade SC	Sheffield	NE180245	3
100 Backstroke	1:10.36	1:11.50	474	01/12/18	York City Winter Swim Extravaganza 2018	Leeds	NE181622	3
200 Backstroke	2:29.81	2:32.00	500	14/07/18	Rotherham Metro A & B Grade SC	Sheffield	NE180245	3
200 Individual Medley	2:37.03	2:39.50	467	14/07/18	Rotherham Metro A & B Grade SC	Sheffield	NE180245	3
400 Individual Medley	6:06.65	6:11.40	352	17/09/17	York City Baths Autumn Swim Extravaganza 2017	Leeds	NE171822	3
100 Individual Medley	1:13.81	1:13.80	448	16/06/18	Team Jorvik Viking Spring 2018	Leeds	NE180994	3