

# Individual Best Times (All Time)

Joshua Morgan - (509562) - Shrewsbury SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.25	25.40	505	26/07/15	Swim Wales Summer Open Meet	Swansea	WL150507	1
100 Freestyle	1:01.08	59.70	451	30/03/13	City of Norwich SC Easter Meet 2013	Norwich	ER3006	1
200 Freestyle	2:20.43	2:17.90	383	25/07/12	Welsh Summer National 2012	Swansea	WAL445	1
400 Freestyle	5:00.71	4:56.00	391	22/07/12	Welsh Summer National 2012	Swansea	WAL445	1
50 Breaststroke	31.32	30.30	568	13/02/16	Kent Swimming Championships 2016	London	SE160331	1
100 Breaststroke	1:10.13	1:08.30	533	31/01/16	Kent Swimming Championships 2016	Crystal Palace	SE160329	1
200 Breaststroke	2:38.65	2:35.30	494	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent	LR150017	1
50 Butterfly	28.09	27.40	498	13/02/16	Kent Swimming Championships 2016	London	SE160331	1
100 Butterfly	1:03.08	1:01.90	481	26/07/15	Swim Wales Summer Open Meet	Swansea	WL150507	1
50 Backstroke	32.55	31.90	378	30/03/13	City of Norwich SC Easter Meet 2013	Norwich	ER3006	1
100 Backstroke	1:11.81	1:10.70	371	16/12/12	Basildon & Phoenix LC Winter Meet	Basildon	ER2624	1
200 Backstroke	2:38.07	2:35.90	354	23/07/12	Welsh Summer National 2012	Swansea	WAL445	1
200 Individual Medley	2:22.70	2:19.90	509	13/02/16	Kent Swimming Championships 2016	London	SE160331	1
400 Individual Medley	5:15.23	5:09.60	455	30/03/13	City of Norwich SC Easter Meet 2013	Norwich	ER3006	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.87	26.70	473	20/12/14	Thanet Swim Club Festive County Qualifier	Hartsdown	SE14273	3
100 Freestyle	58.05	59.50	460	08/03/14	BG Kent ASA Swimming Championships	Gillingham	CC4063	2
200 Freestyle	2:08.11	2:10.80	466	22/02/14	BG Kent ASA Swimming Championships	Gillingham	CC4061	2
400 Freestyle	4:30.18	4:35.30	484	08/07/14	Thanet SC Club Championships	Hartsdown	SE4901	4
800 Freestyle	9:45.22	9:55.00	434	15/07/13	Dover Lifeguard Club Championships	Dover	SE3500	4
1500 Freestyle	17:58.50	18:17.50	484	18/12/14	Thanet Long Distance Meet	Hartsdown	SE14606	4
50 Breaststroke	30.76	31.80	533	22/11/15	Guildford City SC November L2 Open Meet	Surrey	SE151100	2
100 Breaststroke	1:06.40	1:08.30	577	22/11/15	Guildford City SC November L2 Open Meet	Surrey	SE151100	2
200 Breaststroke	2:29.63	2:33.10	517	28/02/15	2015 Kent County Swimming Championships	Gillingham	CC150172	2
50 Butterfly	27.98	28.60	469	22/11/15	Guildford City SC November L2 Open Meet	Surrey	SE151100	2
100 Butterfly	1:01.55	1:02.80	467	22/11/15	Guildford City SC November L2 Open Meet	Surrey	SE151100	2
200 Butterfly	2:20.34	2:22.60	441	20/12/14	Thanet Swim Club Festive County Qualifier	Hartsdown	SE14273	3
50 Backstroke	30.36	31.00	386	20/12/14	Thanet Swim Club Festive County Qualifier	Hartsdown	SE14273	3
100 Backstroke	1:07.78	1:09.00	362	23/02/13	Kent County Championships	Gillingham	CC3051	2
200 Backstroke	2:23.78	2:26.10	396	23/02/13	Kent County Championships	Gillingham	CC3051	2
200 Individual Medley	2:14.99	2:17.90	535	19/09/15	Thanet Club Championships	Hartsdown	SE151184	4
400 Individual Medley	4:50.62	4:56.60	527	09/07/15	Thanet Club Championships	Hartsdown	SE151180	4
100 Individual Medley	1:03.37	1:03.40	470	06/12/14	ASA South East Region Championships	Portsmouth	SER428	2