

Individual Best Times (All Time)

Isabelle Woodard - (509561) - City of Canterbury SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.91	35.30	284	11/05/13	Beckenham SC International Open Meet	Crystal Palace	LR3301	1
50 Backstroke	40.48	40.00	292	12/05/13	Beckenham SC International Open Meet	Crystal Palace	LR3301	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.64	36.20	266	05/05/13	Black Lion SC Level 3 Spring Open Meet	Gillingham	SE3059	3
100 Freestyle	1:19.32	1:20.40	254	14/09/14	City of Canterbury SC Club Championships 2014	Caterbury	SE14109	4
200 Freestyle	3:02.26	3:04.20	221	04/05/13	Black Lion SC Level 3 Spring Open Meet	Gillingham	SE3059	3
400 Freestyle	6:55.49	6:58.90	172	15/09/12	Canterbury SC Club Championships	Canterbury	SE2682	4
50 Breaststroke	50.12	50.70	181	27/04/13	Canterbury Medley Madness Spring Open Gala	Canterbury	SE3376	3
100 Breaststroke	1:55.90	1:57.00	155	06/07/13	Herne Bay LSC Annual Summer Gala	Kingsmead	SE3433	3
50 Butterfly	42.64	43.10	186	18/11/12	Kent County Development Meet	Gillingham	LR2622	3
100 Butterfly	1:43.45	1:44.20	142	01/12/12	Gravesend & Northfleet Autumn Open	Gravesend	SE2711	3
50 Backstroke	40.37	40.90	244	14/09/14	City of Canterbury SC Club Championships 2014	Caterbury	SE14109	4
100 Backstroke	1:29.33	1:30.20	231	06/07/13	Herne Bay LSC Annual Summer Gala	Kingsmead	SE3433	3
200 Backstroke	3:19.16	3:20.80	212	29/12/12	City of Canterbury Christmas Open Meet	Canterbury	SE2851	3
200 Individual Medley	3:22.22	3:24.20	218	27/04/13	Canterbury Medley Madness Spring Open Gala	Canterbury	SE3376	3
100 Individual Medley	1:31.71	1:31.70	233	29/06/13	Dover Lifeguard White Cliffs Invitation Meet	Dover	SE3503	4